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I THINK I HAVE BEEN AN INSTINCTIVE ACTOR SONAKSHI SINHA

BHUMI PEDNEKAR

LOVES TO PLAY WOMEN THAT ARE CHALLENGING THE EXISTING NORMS IN THE SOCIETY

ADIL HUSSAIN

OTT Feels Like Reading a Novel, While Films are Short Stories

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SOMETIMES THINGS DON'T WORK OUT AS PER PLAN

MAGAZINE KING

EXCLUSIVE

BOLD AND BEAUTIFUL

Rishikka Bali

RISING IN THE WORLD OF SHOWBIZ

PHOTOGRAPHY BY SHARAT CHANDRA
DESIGNER AND STYLIST: YATIN GANDHI
TALENT MANAGED BY: SUGAR MEDIA

News at Glance | Cover Story | Interview | Fashion | Life Style | Director Speak | Beauty Tips

VISIT…

BOMBAY FILMFAME

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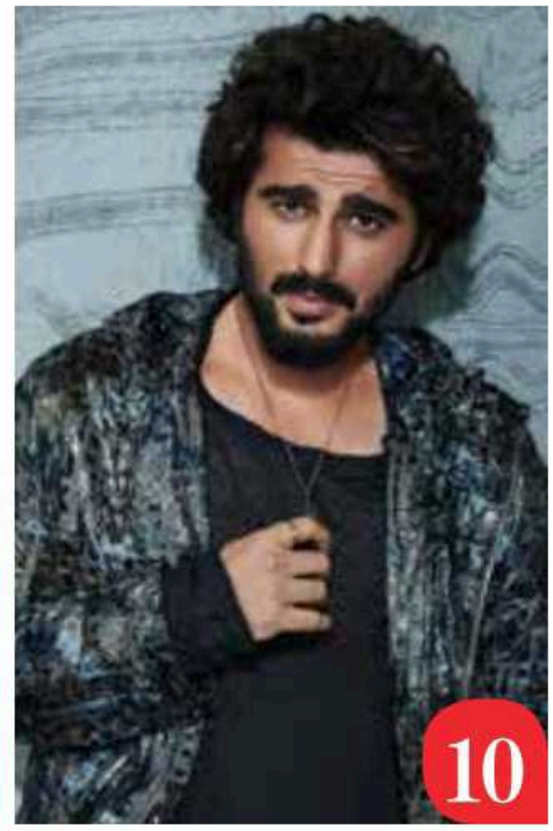

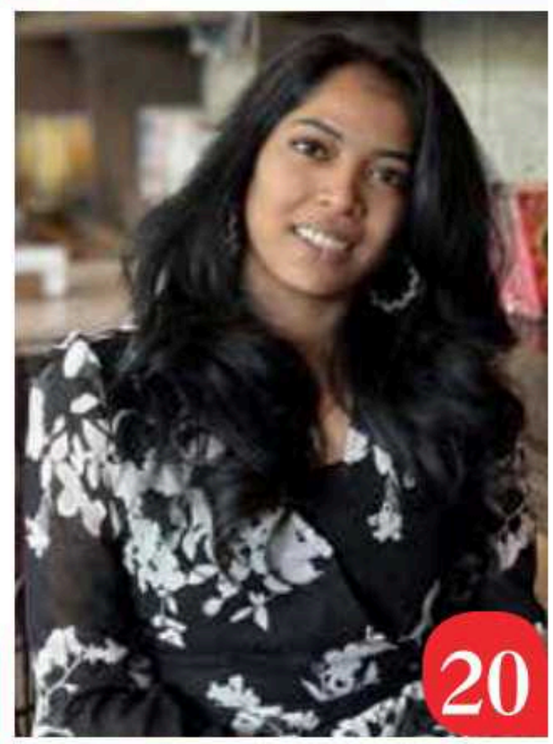

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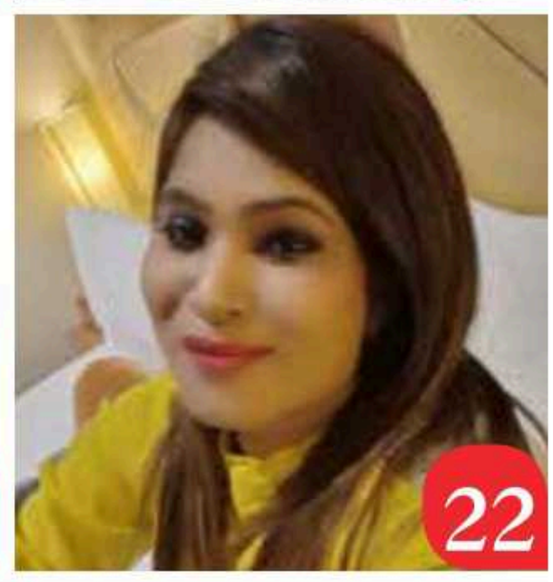

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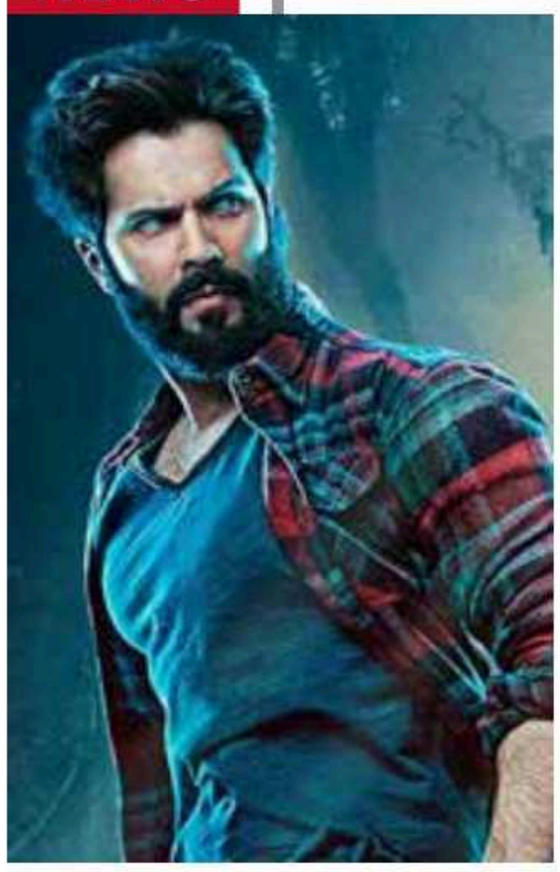


VARUN DHAWAN: I EXPECTED BHEDIYA TO DO BETTER AT THE BOX OFFICE

Bollywood actor Varun Dhawan has indeed come a long way with his films. After completing a decade in showbiz, the actor shared that the films that he has done in 2022 has fulfilled him creatively.

In an interview with Midday, the actor said that when the lockdown happened, he had hit a roadblock which made him feel burnt out. Hence, going forward he made sure that his films creatively satisfy him. The reason to do them should not be that he has dates available. He added that he waited a long time to sign Jugjugg Jeeyo, Bhediya, and Nitesh Tiwari's Bawaal. Hence, 2022 has been one of the most satisfying years creatively. "As an actor, I am the proudest of these three films." The actor, however, admitted that he expected the horror comedy Bhediya to perform better than it did at the box office. He said that it has been such a strange year with films, trying to get people back to theatres, he had expected Bhediya would do numbers than it did. "However, I am grateful that people have seen the film in cinemas, and its [collection] is higher than that of many. It tells you that you should try and do better."

He will be next seen in Bawaal is touted to be a timeless love story that will require Varun and Janhvi Kapoor's characters to travel across multiple countries.

SONAKSHI SINHA: I THINK I HAVE BEEN AN INSTINCTIVE ACTOR

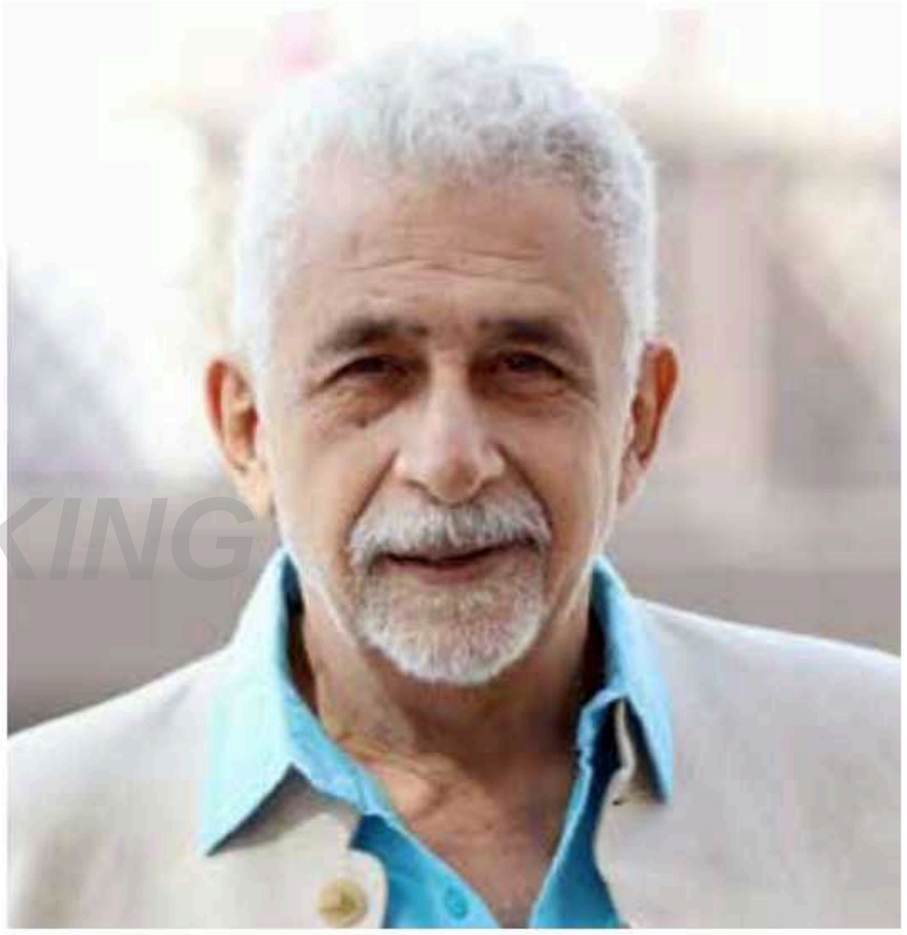
While she's been a part of commercially successful films like Dabangg, Rowdy Rathore, R… Rajkumar, Sonakshi has never shied away from trying to do something different with films like Akira, Noor and Khandaani Shafakhana. Her upcoming films – Kakuda and Nikita Roy and The Book of Darkness too have raised curiosity among her fans.

About her choice of films, Sonakshi says, "I think I have been an instinctive actor. If there is a film I like to watch, I would like to be a part of it too. There has never been a strategy. I have always wanted to do the work that I wanted to do. I picked up roles that I feel would challenge me or make me try something new or different."

As she looks back at her journey, Sonakshi says, "I am very happy with my journey; I have had my ups and downs. And I am proud of both the phases equally because everything I did it taught me something or the other and I am happy about that. Here I am… still standing today so kuch toh sahi hi kiya hoga."

The actress recently teamed up with her brother Kussh S Sinha as he turned director with Nikita Roy and The Book of Darkness. Talking about collaborating with her brother, Sona had said, "We had never worked together and had to remind each other ki hum ghar ke jhagde yahan pe nahi kar sakte (laughs). I had to remember that he is my director. So, for the first couple of days, it was a bit funny to see us trying to adjust and work around it. However, later, we got into the groove."

MAGAZINE KING



NASEERUDDIN SHAH: I SIGNED KUTTEY BECAUSE OF AASMAAN BHARDWAJ, HIS WRITING EXCITED ME

In a recent interview, Naseeruddin Shah said, "I signed on (the film) because of Aasmaan Bhardwaj. I wasn't aware of the cast when I read the script. The writing excited me and I said a yes because mera sirf two din ka kaam tha (I had just two days of shoot). I am very grateful for that. Vishal ne Kaminey banayi hai, Aasmaan ne Kuttey banayi hai. Main ummeed karunga ki agli film Khoon Pi Jaunga hogi. (Vishal made Kaminey, Aasmaan has made Kuttey. I'd hope the film will be Khoon Pe Jaunga)"

At the trailer launch of 'Kuttey', Arjun said, "Kuttey is a big tick mark for me because I got to work with so many unbelievable talents. It was in my bucket list to have Gulzar sahab's name attached to my film. Kuttey is the fruition of ten years of my journey."

RASHMIKA MANDANNA: I DO LIKE TO KEEP IN TOUCH WITH ALL MY FORMER CO-STARS

Shuttling between south and Hindi film industries, Rashmika Mandanna has made lots of acquaintances. As she grows as an actor with number of films in her kitty, Rashmika shares that she likes to look back and stay in touch with all her contacts. She says, "I do have to keep in touch with all my co-actors. Because I feel that they have been such an important part of my life. We are shooting constantly for films, you spend more time with them than your own family. For me they are very important personally. Everybody I am working with are such lovely people!"

Talking about her Animal co-star, Ranbir Kapoor, she says, "RK is the best! He is too nice as a person. I extremely enjoyed working with him. Sandeep sir (Reddy Vanga, director) keeps saying that we are creating some madness with this film. So, I am really excited even thinking about it." About her Mission Majnu co-star Sidharth Malhotra, she says, "Sidharth is just too cute." Sharing an incident, she adds, "Sid would take good care of me during the shooting of the film. He has a naughty side too… he would not eat any sweets, but feed me all the sweets and I would put on (weight). He would work out and stay focused on his diet. Luckily, I am back on my diet and fitness. Now I am happy that I am back to my shape."

ADIL HUSSAIN: OTT FEELS LIKE READING A NOVEL, WHILE FILMS ARE SHORT STORIES

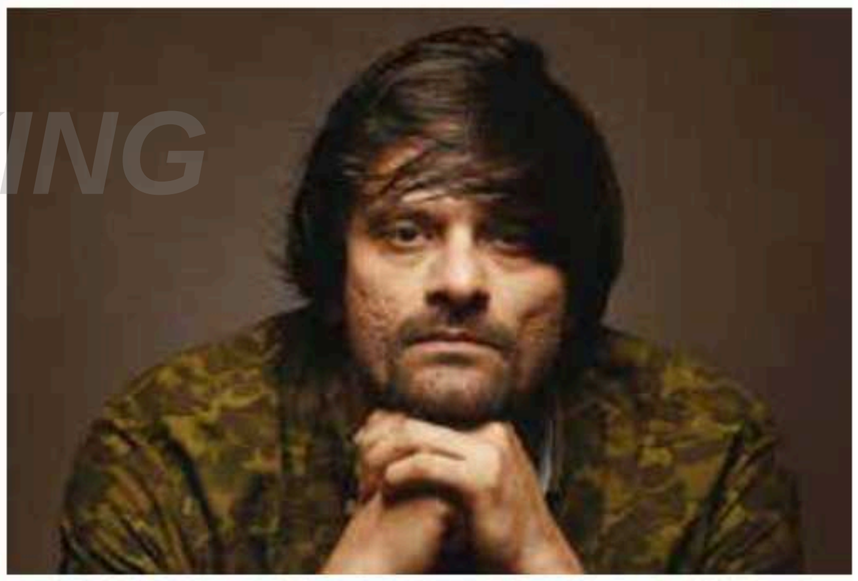
MAGAZINE KING

Adil Hussain on how OTT is set to get bigger and better, his upcoming projects and more

Adil Hussain was recently in the capital to be a part of the annual pop-culture festival Delhi Comic Con. The actor, who played Aditya Sahil in Star Trek: Discovery, spoke to us about his upcoming projects, how OTT has given good actors opportunities they didn't have before, his favourite comics and more. Having been a part of multiple OTT projects and with a few more lined up.

Adil feels that while films are like short stories, OTT is like reading a novel as it gives creators more freedom to tell their stories. "Because it has the liberty of giving creators longer formats and due to its sheer reach and expanse, we can go home with the smaller characters, who otherwise remain in the background, and explore their worlds. You can go home with someone playing a havaldar and see their world. We get to see so many good actors, who we wouldn't have otherwise been aware of. Actors like Jaideep Ahlawat from Paatal Lok or Rajesh Tailang from Delhi Crime, who was my classmate at the National School of Drama, would not have gotten such opportunities if not for streaming platforms. Rajesh would've been playing some hero's friend or a smaller role, which is a disgrace," says Adil.

The actor adds, "Apart from that, audiences are now being introduced to different lifestyles and cultures. For instance, I have the freedom to watch a film like Kantara any time I'd like and on whichever device I want. So I feel OTT is not just here to stay but is set to get bigger and bigger. I feel lucky to be a part of this boom."



JAIDEEP AHLAWAT: SOMETIMES THINGS DON'T WORK OUT AS PER PLAN

During a recent interaction with a media outlet the actor insisted that he doesn't want the burden of expectations to affect his performances. Speaking about the not so great box office response Jaideep simply says sometimes things don't work out.

He admits that after a film's failure there will be introspection about what went wrong and why the film didn't succeed. 'An Action Hero' received so many positive reviews yet people didn't watch the film in theatres. The actor adds that it's disheartening, and no one would want it because there is hard work of so many people while making a film. So, obviously it didn't feel nice. Despite all these, Jaideep Ahlawat says he doesn't become anxious about it.

NAYANTHARA: NOTHING HAS CHANGED FOR ME PROFESSIONALLY, AFTER MARRIAGE

In a recent media interaction, When the interviewer asked Nayanthara what is her take on changes happening in the lives of women after marriage, on a professional level, the star asked, "Does it need to change?" Nayanthara shared that when men enter wedlock, nothing changes, and when it's women, even though there aren't any changes, people tend to be so 'concerned', and also sweetly stated that the question itself is so wrong.

"There shouldn't be any change. I don't think there is anything that has to be changed," she stated. The superstar also added that for her, she has known her husband Vignesh Shivan for around nine years, and the only difference is that now they are married. She went on to add that nothing has changed professionally for her, as she is still working. "I think I have probably signed more films than, what I have been doing before," she added. The superstar also shared that she has been able to work more than before (her wedding) because her partner is supportive, or else it would have been a 'different ball game altogether'. Nayanthara also emphasized that nothing should change for women post marriage, on a professional front, unless it is their choice. "If it makes them happy, I think they should work," she said. The superstar also said that taking care of the family is a 'joint effort', where both the partners should be 'equally supportive' of each other, to make sure that the family runs smoothly, as it is not just a 'woman's thing' to do.

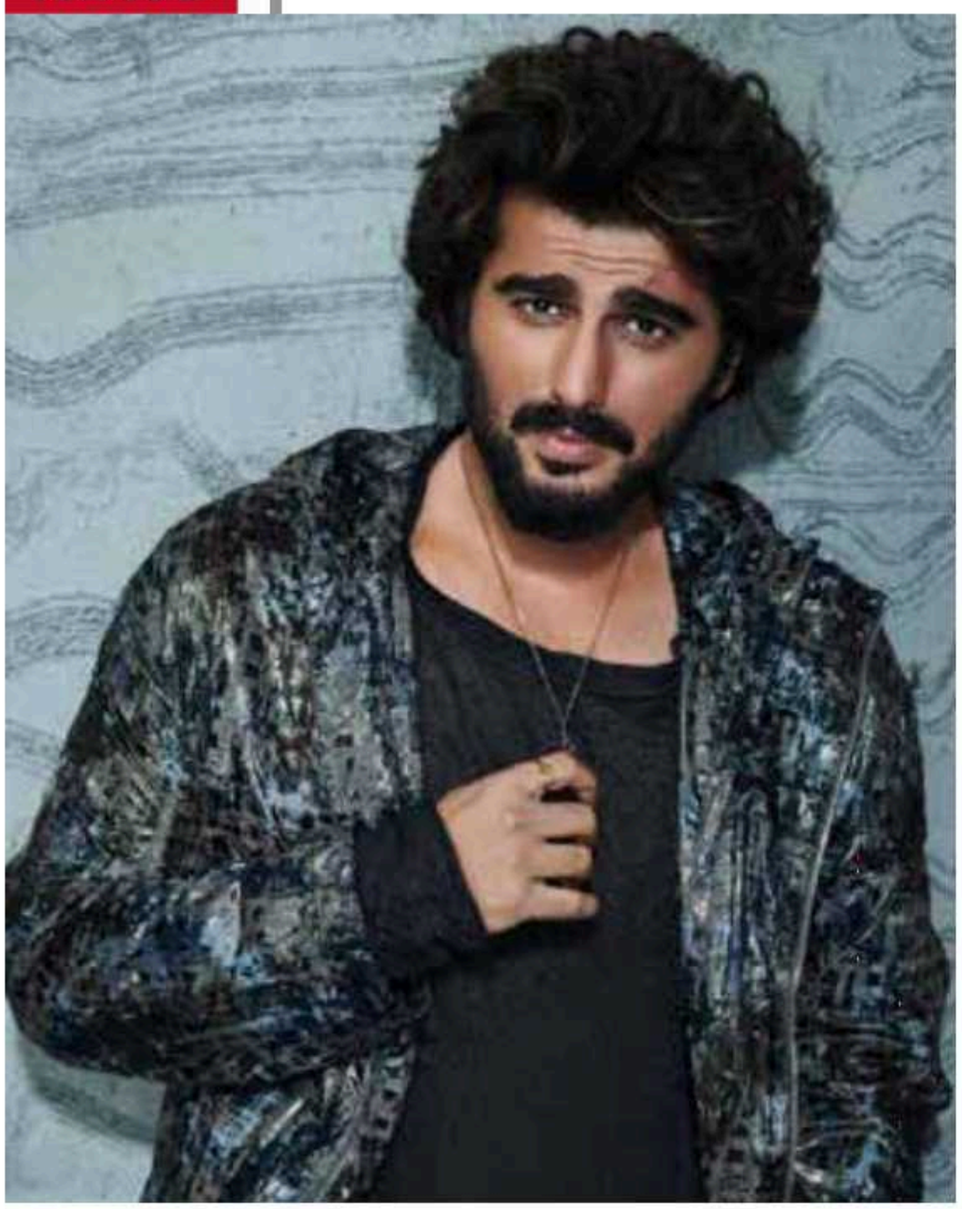
AAHANA KUMRA: ONE SHOULD HAVE THAT JIGRA TO MARRY ME

While professionally, she's beautifully pulled off the bridal look, in real life, Aahana Kumar says she would rather feel dreaded in a heavy ensemble as her wedding trousseau. The actress who looks effortless every time she sashays down the ramp in a wedding outfit, says she prefers to do it differently when it comes to dressing up for her own wedding. She shares, "When I walk as a bride at these fashion events, I realise that brides have to behave themselves and I am such an ill-behaved person (laughs). But that's just me! I am full of energy. I like to jump around and do sporty things. That world is a different world for me, altogether." Ask her, what kind of bride would she make in real and she says, "I am going to be a koodh – faand wala Mowgli bride (laughs) and walk in wearing a t-shirt and shorts (laughs). Well, jokes apart, I would like to have some beautiful embroidery on my outfit. I hail from Lucknow and so, I would like to have some chikankari work on my trousseau." So, now that she has an idea of what to wear for her wedding, is the big day coming up anytime soon? "Ab uss bechaare daler ko bhi toh paida hona chahiye na. You really got to have that jigra to marry me. He really has to have it in him. Usko yeh jhelna padega ki… I wake up at 5 am and begin my adventure, call it a night at 10 pm so party mein jaana nahi milega. I am a workaholic so I will never be home. You see, he needs to have the patience to deal with someone like me," explains Aahana.

MAGAZINE KING

BHUMI PEDNEKAR: LOVES TO PLAY WOMEN THAT ARE CHALLENGING THE EXISTING NORMS IN THE SOCIETY

In a recent interview, the actor opened up on her conscious attempt to play such roles. Bhumi, who has also undergone a massive image transformation recently, revealed that she loves to play women that are challenging the existing norms in the society. Saying that her attempt is to always play women who are equal to men, the Raksha Bandhan actor revealed that this is her way of bringing in more awareness in the society and serves as her contribution to Indian cinema.



ARJUN KAPOOR: HOPE PEOPLE WILL LOVE THE FRESHNESS OF THE STORY IN KUTTEY

Arjun Kapoor is excited to unveil the trailer of his upcoming dark comedy 'Kuttey'. The film is helmed by debutant Aasmaan Bhardwaj, who is ace filmmaker Vishal Bhardwaj's son.

Arjun, who is seen playing the role of a cop in 'Kuttey', says, "I cannot wait for people to see the trailer of Kuttey and I hope they will love the freshness of the story and newness of the treatment. For me, Kuttey is a very special film.

I got the opportunity to work with a talented film-maker like Luv Ranjan, a remarkable debutant director like Aasman Bhardwaj, getting to know Vishal Bhardwaj as a producer, writer and music composer, Gulzar Saab who has penned the lyrics and some of the best actors of our country like Tabu, Konkona Sen Sharma, Naseer sir, Kumud ji, Shardul Bhardwaj and Radhika Madan."

'Kuttey' also features Naseeruddin Shah, Konkona Sen Sharma, Tabu, Kumud Mishra and Radhika Madan.

Speaking about sharing the frame with such talented actors, Arjun added, "For me, shooting for the film was so much fun and it was also a great learning experience. Films like these add to the learning curve for any actor and I think I have honed my skills with the best of the best actors of our country. I'm eagerly waiting to see the response that people have for the trailer of Kuttey."

"EVERYBODY DESERVES A SHARE OF IT," SAYS TABU ABOUT ON SUCCESS OF HER RECENT FILMS'

Tabu who's been in the industry for over three decades, continues to be in top form even today. She's considered one of the best actresses of Hindi cinema with a number of interesting films to her credit. The year 2022 hasn't been very good for the Hindi film industry as we've hardly got any big hits post pandemic. In such a scenario, Tabu had two releases this year - 'Bhool Bhulaiyaa 2' and 'Drishyam 2' - both turned out to be blockbusters. Tabu said, "There is tremendous happiness for the film and what the film has achieved and for everybody involved in the film, because everybody works hard for the film. And everybody deserves a share of the success. I feel I've fulfilled a huge responsibility if the film has done well, because I was a part of them."

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"Ambuja" The Most Expected Women Oriented Kannada Movie

Bombay FilmFame magazine feels immensely proud to had a creative conversations with Writer & Director Srini Hanumantharaju

"Ambuja" is a Kannada Language Psychological-Crime-Thriller-Drama movie Directed by Srini Hanumantharaju which is based on real incidents. The plot is driven by a crime story which you have never heard and that holds the audience emotions till the end. The movie also has mixed emotions like Mother Sentiment, Comedy, Thrill & Love which also have a Great Message & Awareness to today's society. The Background of the story is based on Banjara Culture, hence the movie is shot in beautiful locations where Banjara people actually living. This Story is driven by movie stars Shubha Poonja, Rajini & Deepak Subramanya as a lead and supported by Baby Akanksha, Padmaja Rao, Jagdish Halkude, KGF fame Govinde Gowda, Sandesh Shetty, Sharanayya, Nisha Hegde & Gurudev Nagaraja. The Screenplay & Direction of the movie is handled by Srini Hanumantharaju and this is his second movie as a Director. Srini Hanumantharaju is an Indian director, screenwriter, and lyricist, born on February 5th popularly known for his debut movie Kelavu Dinagala Nanthara (2018).

Predominantly working in Kannada cinema, Srini began his career as an Assistant Director in 2010 with the Movie AK 56. In 2011 he worked with Ashok Kashyap for a serial Preethiyinda as an assistant Director. In 2012, he worked as associate director with Director Santhosh Kodenkeri, for the movie 'Home Stay' and also worked with Director Mahesh Babu as associate Director for the Movie Crazy Boy in 2016. And also worked as Production Designer and Co-Director for Sanchari Vijays Riktha Movie in 2017.

Srini Hanumantharaju

After making his directorial debut in 2018, now he went on to direct his second movie Ambuja (2022). The Movie is produce by Kashinath D Madiwalar, he is also the Lyricist & Story writer of the movie and Co-Produced by Lokesh Bhairava and Shivaprakash N.

This movie have 6 songs which is beautifully composed by a Debutant Music Director Prasanna Kumar MS, which are sung by B. Jayashree, Rajesh Krishnan, Ananya Bhat, Anuradha Bhat, MD Pallavi, Baby Akanksha & Mayur Ambekallu. The Background Score composed by Thyagaraja MS, Cinematography by Muralidhar N and Editing by Vijay M Kumar. The movie will be released in January, 2023. Excerpts from a candid conversation with the multi-talented writer and director Srini Hanumantharaju.

Q. What inspire you to made a women centric film like 'Ambuja' with such an amazing content and cast?

Our producer & I had a lot of discussion regarding different stories to make the film. Finally we locked the story which was conceptualized by our producer which is based on real incidents and later developed the story and the screenplay.

Q. What was the most difficult part of shooting 'Ambuja' ? and when was that moment you realised you had cracked it?

The most difficult part of our movie "Ambuja" was when we shot the character of "Ambuja".

MAGAZINE KING

Since it was Lambani's role, the role had to be realistic, so it was a very tough task, but it's an amazing experience. Secondly, we worked very hard to shoot our film at a place called Ettinabhuja in Chikkamagaluru. Heroine Shubhapoonja and hero Deepak Subramanya climbed 3km to the top of the hill, and we shot there. If we were a bit negligent, no one of us would be alive today.

CAST OF AMBUJA

Q. How was your working experience with Actors like, Shubha Poonja, Rajini, Deepak Subramanya, Baby Akanksha, Padmaja Rao, Jagdish Halkude, Govinde Gowda, Sandesh Shetty, Sharanayya, Nisha Hegde & Gurudev Nagaraja?

This is my second movie with Shubha Poonja and her 50th film. She is a wonderful actress and very active on set who listens to the role and works fully involved in the role.

Rajini is an actress who has made a name for herself on television. This is her first movie. It is a matter of happiness that she is making her debut on the silver screen through our movie. She is also a dancer and singer. Since our movie is based on Lambani culture, she did some research for her character. After spending some days with Lambani people where they live, she learnt their mannerism and gestures and performed wonderfully.

Deepak Subramanya, the lead actor of our film, who is originally a theater artist and has done very good acting. Also, he looks amazing on screen.

Baby Akanksha, this is her first movie. And she has sung a song brilliantly and did justice to her role.

Padmaja Rao has played the role of a mother to the amazement of everyone.

After KGF, Govindegowda made everyone laugh and won everyone's hearts with his performance in Ambuja.

Jagdish Halkude, Sandesh Shetty, Nisha Hegde, Sharanayya, Gurudev Nagaraja all handled their roles brilliantly.

Q. Do you think there's a trend where women are coming to the front, or does that come with its own challenges?

It is because of the women that today our country is in such a high position traditionally, economically, and socially. Women ideologies are very Impressive, and they stands strong to preserve them.

Q. Do you believe that the Hindi film industry is in need of change?

Hindi cinema Industry is the largest cinema industry in India. But today it is not possible to make good films due to a lack of stories. As soon as possible, wonderful films will come in Hindi as well. Directors like Sanjay Leela Bhansali and Rajkumar Hirani have always given something amazing.

Q. When you are a director, you don't make decisions in isolation. There are so many people involved. So, when you took that decision to make a film like 'Ambuja', what was the reaction of the people who are involved in the making of the film?

Even before the shooting of the film, we discussed everything with the producer. So, the producer and the artists followed my direction. The entire team was informed about the scene we were doing every next day, so everyone had clarity while shooting.

Q. What the best thing about being a storyteller is for you?

A movie is only haunted by a story. Even if it is a thousand crore movie or a low-budget movie. There is no example of a movie failing that has a great story.

Q. Anything else you want to say or quote?

Our "Ambuja" movie is a must watch movie for all families. Especially girls & women should watch this movie. Because what we have shown in the film is related to them. My aim is to give a movie with good message to the whole society along with entertainment.

CREW MEMBERS OF AMBUJA

MAGAZINE KING

New Approach Towards the Indian Villages for Preserving the Year Old Traditional and Cultural Practices

ANKITA DESHMUKH

Assistant Professor
Dr.D.Y.Patil college of Architecture

Arch. Ankita Deshmukh holds a B.Arch Degree from School Of Architecture, COET, Akola from Amaravati University and M.Arch degree in "Urban Design" from Kamala RahejaVidyanidhiinstitute of Architecture, Mumbai through Mumbai University. During her Bachelors she got excellence in Interior Designing Studies Award in 2012 by pidilite group of companies. She also had a year of industrial experience at Abha design studio. And currently she is working in Dr.D.Y.Patil college of Architecture Akurdi as an Assistant Professor since from Aug 2017.

World is undergoing through the rapid process of urbanization and its impact can be seen through the complete transformation of our cities and villages. The ideal definition of the villages is changing day by day. Which lead to the complete transformation of our traditional old spaces. Such spaces are evolving with time, but we need to take a pause and rethink on this current development. Due to the Current growth pattern, Indian villages are losing its soul. We can clearly say that, villages are no more that villages which exist in our dreams. The traditional impact of the villages, such as typical thatch roof housing with locally available material, is changing due to the current Demands. People are concretizing their houses and creating pakka (strong) houses for themselves.

We have visited Matond village in the Vengurla Region of the Sidhudurga District in 2018, this village has typical konkani features traditional settlement. That time this village is accessible by only one Bus throughout day. On other time you can reach here by private vehicle. This village is untouched by recent services and facilities. But people still living over there in a peaceful condition. One of the most beautiful architectural feature of this village is its Housing. Most of the houses in this village are constructed using the Red Laterite stone. This Stone is locally known as the 'Jambha' Stone. The color of this stone is red and it has porous surface which give nice appealing look to the houses. Most of the houses in this village has been constructed using their own innovative construction techniques.

For construction purpose rather than using the advance tools and techniques. These people prefer locally available equipment's. Without using any advance technique, these people have constructed beautifully designed Strong Housing. These people have good knowledge about architectural planning. Almost all the houses are created to sustain the climatic effects in different weather conditions. This village has Rich Biodiversity and wealthy environmental Conditions. People residing in this region having farming as their main Occupation. In this village you can encounter beautiful front gardens as well as the back gardens having local spices, vegetables, fruits and different flowering trees. People from this village worship Sateri Devi, Especially in Navaratri 9 days Fare has been planned in the village.

This village is almost self-sustainable with adequate services necessary for the human being.
But due to the recent development, this village is on its ways to change its beautiful environment. Most of the people are concretizing their housing and changing the traditional environment of this village. This villages need a different Approach to be preserved for our next Generation. Such unique housing characters are identity of our Indian culture and if they transform with time then we do not have good collection of our ancient Housing Practices. Government must take initiative for the conservation of such villages. A different approach needs to be adopted So that people residing in this village also get benefited by conserving their Houses. After all not all places meant for the Transformation, some are Antique in their own way.

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Color : Black, Grey, Red

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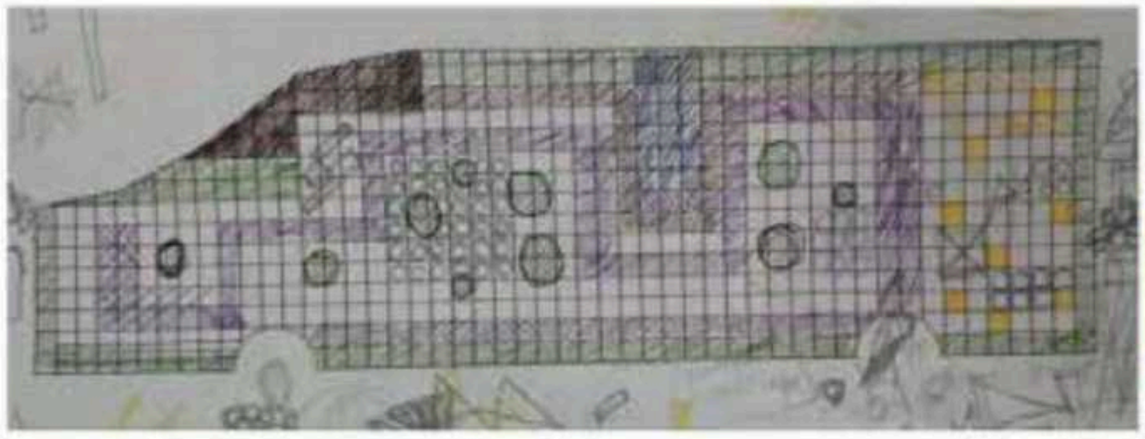
Material : Satin silk & net floral lace.
Color : Milk white

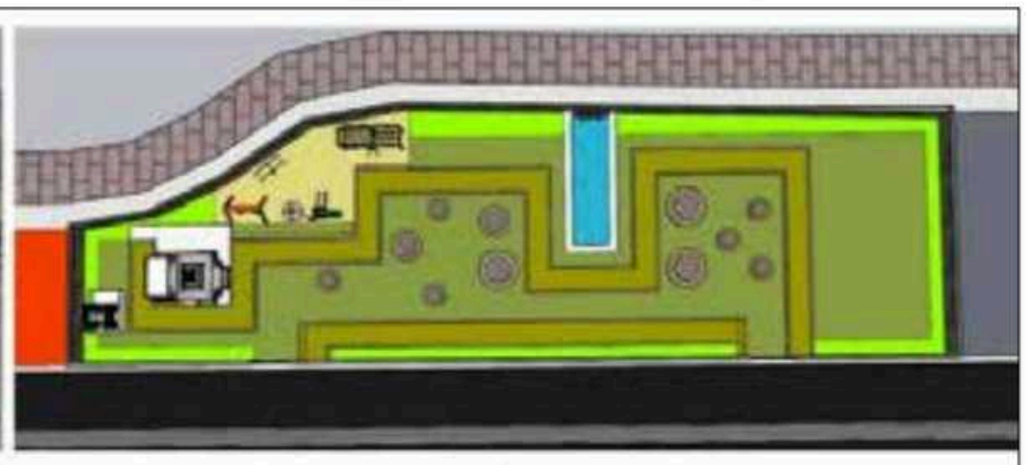
Long sleeve Maxi dress.
Black & Grey check & Red floral prints.
Front Tie knot sash on waistline
Material : Rayon cotton
Color : Ash Grey , Red, Green

MAGAZINE KING

MASTER OF SCHEMATIC DESIGN

UDIT TANEJA - FOUNDER & MANAGING DIRECTOR - TANEJA ASSOCIATES





COMMON
PARK DESIGNED FOR
PLOTTING AT HARIDWAR

MAGAZINE KING

Architectural design is a discipline that focuses on covering and meeting the needs and demands, to create residential or commercial spaces, using certain tools and especially, creativity. Therefore, the aim is to combine the technological and the aesthetic, despite the general belief that architecture is only a technological task.

We are glad that we got an opportunity to interact with an excellent architectural designer who has mastered his skills with every project. Udit taneja hails from Roorkee (Uttarakhand) and completed his schooling from Mont fort school. He did his degree in architectural designing form DIT, Dehradun and started working as an architectural designer.

AR. UDIT TANEJA
Founder & Architect, Taneja Associates

He has worked on many projects be it Railway stations/Residential or Commercial spaces all across the country. After having his onsite experience and command over his skills, he has started his own company Taneja Associates.

Before construction, an architect meets with his client to discuss ideas, needs and the project's budget. Then he maps out a schematic design by following a grid path to help flesh out the building or project's basic design concepts according to the Sun path, Vastu and specific challenges of the site.

These rough construction drawings help indicate the spatial relationships between building's features and let the client visualize his ideal home or workspace in its initial form. Every schematic design is a breakdown process. Breaking things into smaller units helps in handling and detailing. Then he produces models and 3-dimensional renderings to present to clients and other members of the design team.

The schematic design is of utmost importance because it is the foundation of the project before laying the actual foundation of building.

"No plan is a full proof plan. We all make mistakes but point it to learn from them and never repeat them again."

I listen to my clients; do my research on & around the project- site and provide best possible solution and services. I am looking forward to many projects where I could use my experience and knowledge to help my clients and deliver them their dream spaces (homes or offices).

TOURINGS TEXTURES

Ar. Pranit Wadatkar showcases an interesting display of colours, materials, textures and patterns in his recent projects

Sthapati is a young, Amravati & Aurangabad based Architectural Firm founded by Ar. Pranit Wadatkar. Established in 2019, the firm strongly believes in creating spaces which are context driven using simple, innovative and sustainable design ideas. The practice draws inspiration from the traditional architecture of the region and materializes those thoughts with the contemporary needs & functions using an earthy, warm, natural material palette. With sharp focus on research, experimentation and a keen eye for details, it specializes in designing architecture, interior, landscape and urban spaces. Sthapati has been versatile about the work "Industrial, Residential, Commercial" and have provided wide range of services till date. Over the years, Ar. Pranit Wadatkar built a diverse portfolio that includes Industrial, residential and commercial projects. Studying and working hard has been an important learning experience for him, something that has contributed significantly to shaping his thought process, allowed him to discover different ideas and approaches to design, and also served as a base for setting up his own Architectural firm.

His designs come together as a combination of functionality and creativity, and he believe in crafting unique spaces that narrate stories and offer users an enriching spatial experience. Bombay FilmFame had a quick with him about his so far journey and future plans. Excerpts from interview:

Ar. Pranit Wadatkar
Founder & Architect, Sthapati Architects

MAGAZINE KING

Q. How would you describe/define yourself?

I would like to say I am very outgoing and creative person; I like to find answers. I am not afraid of taking risks and taking responsibilities too. I also know when to ask for help, I like to travel and get different experiences which really helps me in broadening my perspective. And it is always kind of liberating to know for all of us to realise how far we have come that day by day, in every way we are getting better and better.

Q. How you get into Architectural designing and made a niche for yourself?

There is no one formula for becoming a successful Architectural Designer. However, some tips on how to get started in the field and make a name for yourself include studying architecture and design at a reputable school, developing a strong portfolio of your work, gaining experience through internships and freelance work and networking with other professionals in the field.

Q. Please describe your brand and range of services you provide?

We are a full-service architecture firm that provides comprehensive architectural services to our clients. We have a wide range of experience and expertise in a variety of project types, including commercial, healthcare, education and residential. We strive to create innovative and timeless designs that meet the needs of our clients and the community.

Q. How do you stay competitive in your market?

There is no one definitive answer to this question. A business can stay competitive in its market by innovating its products or services, by reducing its prices, or by targeting a specific niche market. While, the ultimate thing will be your work speaks for itself, making sure you try to take care of most of the client's needs spoken ones, sometimes unspoken ones this goes long way in landing you further projects also expanding your own vision.

Q. Since technology play such a big part in your work, could you share some tips for how to utilize it in a best way?

There is no one way to use technology in a best way; it depends on the individual and the task at hand. However, some tips for using technology effectively include keeping up with updates, being organized, and being efficient.

Breaking Stereotypes and Reinventing Cinema

"YOUNG PACK OF FILMMAKERS GET THEIR NO-BUDGET SHORT FILM SCREENED IN THE PRESTIGIOUS FOX CINEPLEX, CALIFORNIA"

A STILL FROM 'BANDIT'

Q. What made you want to make a film like BANDIT?

Bandit is a no-budget proof-of-concept short for our team's debut feature film called Sinners' Moondrive. It was made in order to see and test if our distinct visual style and aesthetic is viable. It was also used to show investors that this western dystopian India is filled with depth and layered fiction. But due to surprisingly unprecedented expectations, Bandit did more than just a proof-of-concept. It was adored as a short film by the festivals globally.

Q. When and where will we be able to watch BANDIT?

Bandit will be available on Amazon Prime Video later in 2023. The film was selected at the Student World Impact Film Festival (SWIFF) in New York from over 8000 submissions worldwide. The Lighthouse Initiative had selected 5 films from 100 others for Amazon Prime Video distribution – and turns out, Bandit's one of them. The paperwork and documentation for Prime Video will be completed in December end. Bandit will be released in 2023.

SHAWN DIVAKAR

Director- BANDIT

As a child, Shawn spent time absorbing different cinematic styles and stories. Now he's a writer & director who fuses the Holy Bible and history to deliver kickass stories.

Q. How challenging has been your journey given the fact that you were an outsider?

It's challenging being an outsider! But I like it better. I'm glad that I am an outsider because revolutions start with outsiders – and with my films, there certainly will be a new revolution in Indian cinema. Moreover, the movies made by the "insiders" or "families" are possibly the worst things I have put my eyes through. My team and I are here to save cinema.

Q. What are the changes you see in the creative process of filmmaking with so many filmmakers now not hesitating to go for queer characters?

I don't really have an opinion on who or what a filmmaker displays. All I can say is, when it comes queer characters – it's definitely fresh but it's becoming stale due to how the film industry is utilizing the topic. Except for Sudhanshu Saria, I don't see any other filmmaker do justice to queer roles like he does.

Q. What is the best thing about being a storyteller?

I think the idea of making one's perceptions come to life onto a page or a screen or a canvas is something that's highly unique, but making an audience feel something out of it. That's it.
Almost like you're the puppeteer, the puppets - the audience and the strings attached is the art. The puppets move, feel, and act by the strings. That's what amuses me and what keeps me wanting to make more and more films.

The idea that the world feels, relates and shares something with your voice is exactly what keeps me going. Cinema creates unity and maybe with my perception of the world, my team and I only strive to unite more audiences with some kickass movies.

Q. Do you believe that the Hindi film industry is in need of change?

As I had said earlier, my eyes kill me from watching most of the garbage in Bollywood. And I'm going to repeat this, my team and I are here for a reason. We're involved in a wave of beautiful cinema for India and the world around. Mark my words.

Q. What are your thoughts on the currently trending OTT platforms?

I do have an ample amount of respect for OTT as they are promoting local and fresh talents in India, but OTT has taken away the special feeling of experiencing a movie in a theatre with a big crowd in it. I mean that's the dream for any filmmaker, to have their film in a theatre, in front of a large audience. Am I wrong?

MAGAZINE KING

SIDHANT RAJESHIRKE

Producer- BANDIT

A producer and storyteller witha keen eye on developing layered plotsthat keep audiences thinking rather than simply entertained.

Q. What made you want to produce a film like BANDIT?

Shawn, Stuti and I are on our way to funding our debut feature film, Sinners' Moondrive – And for that we had to make Bandit. What fascinated me about the script was its mysteriousness and exclusivity to the knowledge of the Thuggee. The Thuggee literally gives us the infamous word "thug" and not all Indians know of their notorious existence. I was inspired then to make a film based on loose history to try and deliver an energetic, thrill of a narrative. Something that keeps you at the edge of your seat – It did that to me when I first heard it. This film brings itself into its own unique genre that hasn't been as explored in India. Stuti and I wanted a fresh narrative to bring to life, and this was it.

Q. What do you look for in a script when deciding whether you would like to join a project as the producer?

Heart and passion for the movies. You might be marketable and popular, but without heart and passion for cinema, a producer's going to end up a one trick pony. I'm looking for innovative stories that don't conform to message or propaganda – rather I want to tell stories that push people into a pit of world-views and emotions.

Q. What is your process for evaluating the success of a project you've produced?

Shawn and I have this philosophy. "If we can make 1 rupee look like a hundred", then we have potential. A full length feature film would deem successful according to its box office collection whereas a short film like Bandit was made for investors to understand the concept of our world in the film and the treatment of our style. Money comes but it does not determine the value of your project. For me, rather than money it's the eyes. I want to collect eyes with my movies.

Q. We're finally seeing good content in the Indian film industry in the past few years. Can you talk about how important it is for you to be a part of that?

It is improving, but in all fairness. We're still not there for the amount of movies produced a year – which are tonnes. We're not just here to take part in it, we're here to take over.

STUTI RAI

Associate Producer- BANDIT

A witty businesswoman who blends her knowledgeof cinema and finance to bringforward a new revolution to entertainment.

Q. When and how did your journey start as a producer?

I graduated from a film school with an undergraduate degree in producing. I've always wanted to understand the business of films and be able to make and sell my own movies. I love good stories and films and what's better than being a producer when you're the one making it all happen.

Q. Have you made any changes in the movie 'BANDIT' you produced that you believe would make it better?

Yes, of course. There's always room for improvement. But in our case, I wish Bandit had more of a budget or any budget as a matter of fact. We tried to make something out of nothing, and strangely it works to an extent. I realized Bandit with a budget would have given us more time, more resources and a lot of freedom, but if I hadn't made the film without a budget, I wouldn't have learned as much– And that's the point. Resource filmmaking was employed for the film to challenge the team and push them to think outside the box, making us smarter and quick-witted in the process.

Q. As a producer, what is the most important skill to have when producing a film?

The most important skill for a producer would be to be able to predict the challenges that a film would receive during its production and post-production process so that the film is not delayed and maintains its quality as decided. Another important skill for a producer to have is to be able to think of solutions, spontaneously when any problem arises on set so that there is no delay or rupture in the process or quality.

Q. As a producer you always have the choice, would you prefer to miss a deadline to make a project perfect or meet a deadline but compromise the quality of the production?

It depends on the situation and the scale of the production. A producer cannot lose so much money over a small quality check as the money is to be answered for, it's a decision that every producer must take and is probably the hardest call for a producer.

MAGAZINE KING

EMERGING AND MOVING FORWARD IN THE WORLD OF ART

To Gayatri Padala painting is not just an art form, it's a way of life! Through her art, she is touching the lives of so many people

An avid fine artist Fine Artist, Gayatri Padala loves adding soul to empty canvas, giving them a life of their own as she always had an inclination towards art, comics and cartoons. During her schooling she easily stood out in the drawing classes and competitions, which prompted her teachers and parents to consider her a future in the creative field. "I've always enjoyed painting and sketching portraits of people, and seeing their reactions to them, says gayatri".

She spent most of her childhood in Mumbai, and later moved to Hyderabad. Back in high school, when she was big time fan of Taapsee Pannu, she used to do portraits of her, and share them on social media. One morning she woke up and logged into her profile and there were like hundreds of likes and follows, and she thought she must've accidently logged into someone else's account. But she later saw that, Taapsee posted her sketch and tagged her with it and that was a really cool feeling for her. Even though she never does it for the likes or the recognition. "It's mainly the act of capturing the essence of the person through my strokes is what motivates me to do portraiture, she says".

Gayatri did her Bachelor's in Painting at JNAFAU, Masab Tank, Hyderabad. Which really strengthened her skills at the fundamental level. She was recruited by Greengold to work in their Chota bheem cartoon show, even though placements were meant for animation students and she was from the painting department. However she couldn't accept their offer due to the fact that she never wanted a 9-5 job.

Around her final year, She partook in Inktober, a new social media trend in the art community, that had started just that year, (which is a challenge created by Jake parker, every October he'd give a prompt list of words, one for each day, and you have to make art using that prompt using mainly ink, and share your artwork every day with everyone else). It turned out so well and ended up paving a path towards storyboarding, because just then, a newbie filmmaker guy, contacted and asking her to make drawings for his film script, landing her first storyboarding gig, and one gig after another, led to a stable career in storyboarding. But later on everything stopped, and she went on an unplanned hiatus when she lost her mom to cancer. After that she couldn't draw or paint at all for 2 whole years.

Having made many failed attempts in trying to restart her art journey again. She didn't know if she was ever going to be able to draw again. But the memory of her mom telling that she's always watching her even after she's gone, inspired her to make an illustration in honor of her mom. "That in itself was a redemption, she said". And she is now slowly making her way back into the world of art again.

Q. How would you describe/define yourself?

I would define myself as an eternally evolving medium of expression, with a sole motto 'to try and add more color to the life of mine and others'.

My passions range through a few varieties of mediums in art from traditional portraiture to digital storyboarding.

Q. How did you get into painting designing and made a niche for yourself?

It was never something I had to even think about, growing up I've spent countless hours lost in drawing and painting, it's always been a no-brainer to everyone around me that I would be heading into the field of art. My fascination with faces, the wonder of how there can be billions of faces absolutely unique from each other, always kept me interested in studying faces, which led me into the world of portraiture. And my love of stories, introduced me to visual storytelling in the form of storyboarding and illustration. Because oftentimes, I would use my art to express what I'm going through, whenever I fall short of words. And that taught me the language of visualization.

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Q. What according to you is a favorite part of being a Painter/Artist?

To work and never have it feel like 'work'. To get to dwell in the world of imagination for a living. To be able to bring a smile on someone's face. Makes me very grateful for the world now in which it lets creative professionals not starve but thrive, more than ever before.

Q. What inspires you as a Painter/Artist? How do you visualize your muses?

Beauty in anything and everything is what inspires me. There's immense beauty to life, regardless of the circumstance, if we see it through the right lens, we can see, the gift that we have all been bestowed with, which is 'perception', all unique from one another, allows us to paint a picture out of anything. And life holds a plethora of muses, it is but an act of willingness to see the story behind every muse. And I let my thirst for those stories to create the space for the muse to fill up.

Q. Tell us about the most memorable painting you have created? Can you walk us through the whole process and how it happened?

Being an avid listener of MS Subbulakshmi, the most memorable painting would be the one I made of her. I made this painting for an assignment back in college, we were asked to recreate one of the work of the most popular artists in the world,

and put our own spin on it, and I chose Andy Warhol's Marilyn Monroe as an inspiration for this, except Warhol used the silkscreen technique to create his work, while I went about it the traditional way, using grid method to first draw the outline of her face on top of a carbon paper and tracing it down into the columns, and using acrylic colors as contrasting as possible to fill into the tones of her face, with a brush. Although it was quite challenging, I couldn't be more pleased with the end result.

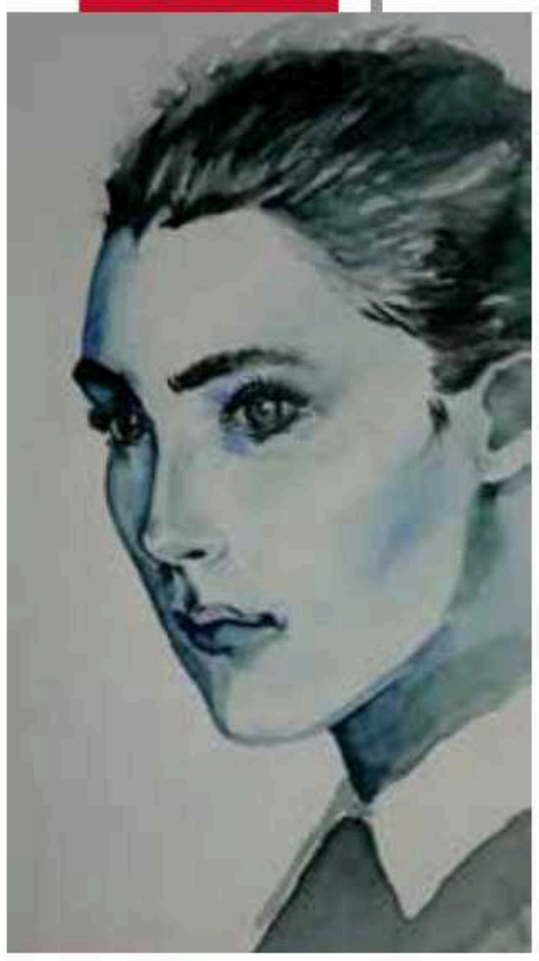
Q. The paintings you created are best without any doubt, but who and which things were your inspiration while creating such painting?

I must say it's the subject itself. The depth and the story behind every subject, invokes in me an urge to capture the essence of their very being. The life experience and uniqueness in every inch of a face, makes painting it a rather intimate task.

And with the endless sea of faces all around, it's a never ending conquest for not only me but to any portrait artist.

Q. What skills according to you are necessary for a successful Painter/Artist?

With so much competition all around, I would say resilience is a highly necessary skill to have at this point of time, with an entire world of content exhibiting at the palm of our hand, it's very easy to feel overwhelmed, discouraged and like giving up.



So the ability to appreciate fellow creators's work without comparing, and staying focused on your own journey and pace of growth, is a must.

MAGAZINE KING

ACTORS ARE NOT BORN THEY ARE MADE..!!

ACTOR AND MODEL **RIZWANA KHAN** TALKS WITH **BOMBAY FILMFAME** MAGAZINE ABOUT HER PROFESSIONAL AND PERSONAL JOURNEY TO DATE

Rizwana Khan deserves all the attention she gets; this Model and Actor has arrived and how! She offered us an unfiltered view of industry insights, and her life beyond the Modeling and Acting. She is vocal about her struggles, but what sets her apart is her empathy and respect for her contemporaries, and their hard work. "It's not easy for anybody. People who are from the film background have their own struggles. The point is to take those struggles as challenges and overcome them, happily," she says. While on the way to a meeting, the actor opens up about her idea of films, feelings, and freedom.

Q. How would you describe/define yourself?

A person who is transparent and humble and who loves to face challenges.

Q. How do you prepare yourself as an actor?

Acting comes with experience. My experience has been a lot on the modelling side. However I am focussed to be a good actor for which I regularly practice my acting skills through auditions, references from past performances of good actors and keeping in touch with the industry very closely so as to keep my acting skills updated. I will prepare myself to become a good actor by putting myself in the character.

Q. When and why did you choose to pursue acting as your profession?

I want to act I can put myself in any role acting is my passion.

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Q. Would you like to share the initial difficulties you faced when you shifted to Mumbai?

When I came to Mumbai I faced many problem, I had no one in Mumbai so I struggled a lot and I changed my life style I changed myself

Q. Are you a trained or self-taught artist?

I am a self-taught artist.

Q. How do you prepare yourself as an actor? What kind of exercises do you do?

I mostly keep practising and recording auditions from scripts I can borrow from anybody and that once script I try to give different shades. I do gymming and yoga regularly to keep my body fit.

Q. How do you keep your mental and physical health fit?

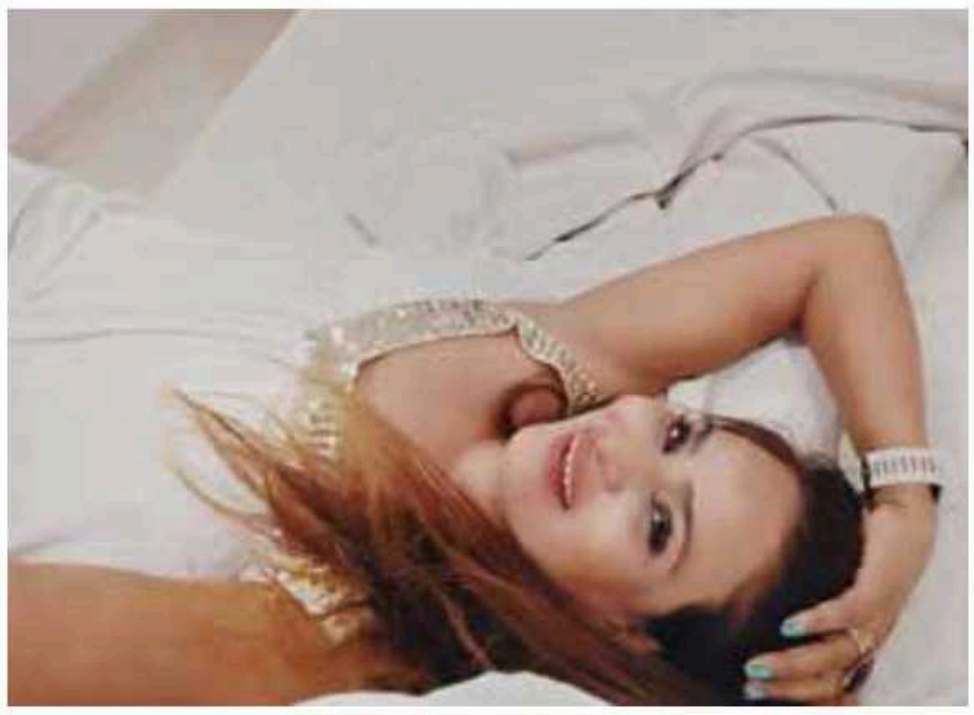
Stress is one of the major problems you face in this industry as there is no ending point in this career, you have to keep getting better and better and to avoid taking that stress yoga is the best exercise for me.

Q. What kind of roles are you looking forward to? Or what are your resolutions for the year 2023?

I am never been desperate to get only lead roles. I look for roles where I can display my talent whether it's in lead or character. My resolution for 2023 is that by the end of the year audience should appreciate and accept me and remember me for some of my performances on screen.

Q. What advice you would like to give someone trying to make big in this industry?

Firstly, I never come in with that 'I'm an outsider' attitude. Everyone will face challenges. You just have to keep pushing yourself. An artist never has it easy. There's a fine line between being positive and happy, or mildly dissatisfied for a push. Also, ask yourself why you want to do it? Is it because being in front of the camera makes you happy, or are you in it for the perishables—fame and money? If you find joy in being on set, playing different roles, go for it. The industry is competitive and can be hard on you, so keep the excitement alive. Be your authentic self; you shine when you are authentic.



Q. The film industry is a tricky space to be in. What keeps you grounded?

It is my attitude, and the way I have been brought up. My family, friends, and the people I love keep me grounded. Also, I appreciate people who tell me the truth; I heed their advice and keep them close. It's important for artists to listen and be open to accepting fears and harsh truths. I believe the art is greater than me and I respect the people who create it. I don't put myself first.

Q. What is fashion for you?

A presentation of yourself which can never go unnoticed.

Q. What kinds of roles you are looking for? Which matter the most for you script or character or director?

I want to be a versatile actor, the more variety of roles I get I will enjoy my work all the more. Script, character and Director are all interlinked but yes, I would give character the priority in taking a decision on projects offered to me.

Q. If you had an opportunity to change something in the film industry what would it be?

To make as many realistic films and then fantasy based films. Stay close to reality.

Q. As a young actor what do you think about online auditions and OTT platforms?

Online auditions are fine but I would still prefer the live auditions because your confidence never increases in online auditions. The freedom in saying the dialogues is also subdued. OTT platforms have come as a boon for upcoming actors.

Today audience wants realistic characters, concepts as they watch the movie not only for entertainment but something that can be related to any common man. That connection should be established and to a very large extent audience wants genuine content and realistic performances. The combination is difficult but not impossible.

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Q. Do you think the idea of conventional beauty is pressurising? Do you think have we evolved?

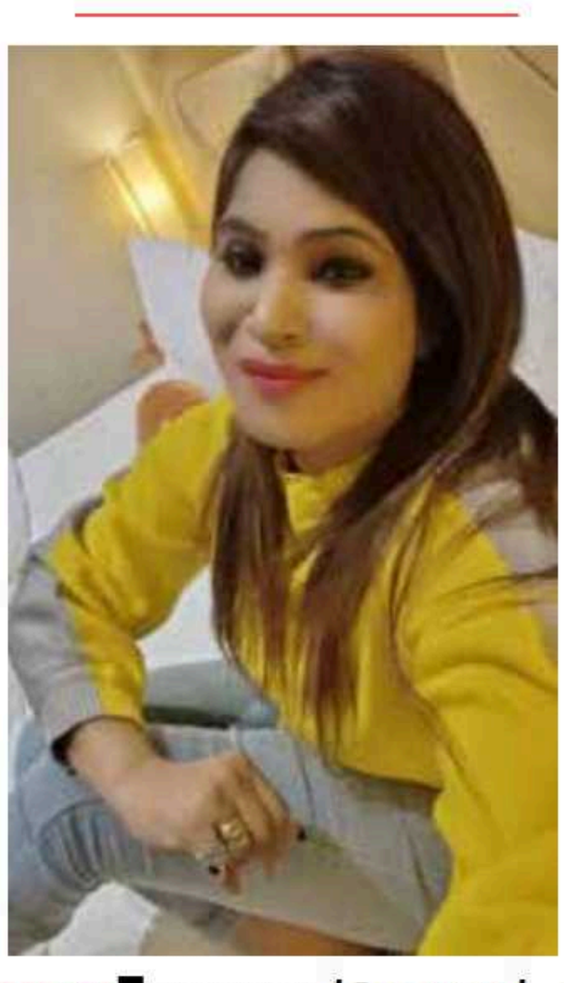
The conventional idea of beauty is gradually changing and evolving. People are taking the required steps in the right direction.

In fact, I believe, brands and people are far more conscious about what they put out in society. The notion has become way more inclusive today.

Q. If you have to choose between money and creative satisfaction, what would it be?

I do what I do for creative satisfaction, and have never thought twice about it. Like I said, the money is an added bonus! Creative satisfaction and results last a lifetime; beyond your years. However, credibility and respect cannot be bought. They have to be earned with your choices and attitude.

"I THINK THERE WAS SOMETHING IN ME AT A YOUNG AGE THAT WAS NOT WORRIED ABOUT SUCCESS BUT WAS WORRIED ABOUT BECOMING A BETTER ACTOR." —PAUL DANO



COVER | GIRL

DETERMINED AND DEDICATED

Rishikka Bali talks about her dreams, beliefs and more with Bombay FilmFame Magazine

PHOTOGRAPHY BY SHARAT CHANDRA
DESIGNER AND STYLIST: YATIN GANDHI
TALENT MANAGED BY: SUGAR MEDIA

Rishikka Bali is the embodiment of the progressive Indian Model and Actor who not only has confidence but also an Epitome of Grace. She has been very determined since her childhood to accomplish her dream of becoming an Actor and Model. She has always been fascinated with cinema, clothes and dressing up and such inspirations added up becoming her dream to rule the ramp.

This dark brown-eyed model has walked for many Fashion Show and has also done so various print shoots campaign. She finds a sense of freedom about acting and to be enabled to portray your creativity in mind and live imaginary life of different characters, which makes you feel to start-up, to move ahead in life with a positive attitude. "In this industry people are so talented, creative and focused towards their life. It's inspiring how everyone is so skilful and unique in their way" says Rishikka. I am focused on hitting my goals every day. Moving forward in life is what motivates me every day," says added.

Best advice according to her is, "Imagination is everything". She believes in the law of attraction and the need to imagine the life you need and those things will attract you in your life. Talking about her lifestyle and eating habits, Rishikka shares that I have always been big on a good diet, so not much has changed ever since I became an artist," she says. However, she's quick to point out that balance is the key to everything. "For example, a great way to consume fewer calories when eating out is to try and eat more protein as this will not harm you too much," she advises. She also shares with us that she dislikes working out in gym and enjoys participating in physical activities instead. "That's how I stay fit as working out has never been my thing. Living by the belief that nothing is truly impossible, this beauty goes way beyond just slaying the ramp. Dancing, singing, painting and watching inspirational documentaries are her hobbies.

Here is the few excerpts from the interview:

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> "MY BIGGEST LEARNING IN THE PAST YEARS HAS BEEN THAT YOU MUST LEARN TO GET COMFORTABLE WITH UNCERTAINTIES AND DISCOMFORT AS THEY ARE SYNONYMOUS WITH GROWTH."

Q. When did you decide to be a part of modeling and film industry?

Oh I decided quite early. After my 10th board exams!! Though I was always attracted to the cinema and performing arts but the decision that come what may I will pursue that happened after my board exams. But it took a lot of time for me to convince my parents to let me pursue acting and modeling.

Q. How would you describe/define yourself?

I would describe myself as someone who's independent, is highly ambitious and resilient. I believe that I can overcome any challenges and always come out stronger than ever before.

Q. What do you think is the most difficult part of being an Actor and Model and how do you overcome it?

It is a very difficult journey no doubt but if u want something so bad and you are just passionate about it.

I feel difficulties and challenges cannot convince you otherwise, so I don't think about that part only.

Q. You are well-trained actor and model. How was your experience at training school? What does training impart in an aspiring artist?

Well , training is a crucial part of any profession but nothing can beat on the job training which you get on the set but yes you got to learn a lot in class as well which gives you lot of confidence to face the camera. I consider myself fortunate enough to go to adishakti and learn the nuances of acting.
Also very grateful to all the teachers and workshops I attended and every time I got to learn something different and useful.

Q. What is your favourite genre of Cinema, you aspire to be a part of?

I just love cinema but if I have to pick one genre that I would absolutely love to be a part of it would be a psychological thriller and obviously an out and all romantic film.

Q. Who are your favourite directors and why?

Sanjay Leela Bhansali because of the way he romanticises everything and his cinema is a treat to the eyes: the music the dance and everything. I also like Imtiaz Ali, Madhur Bhandarkar, Mani Ratnam and Gauri Shinde.

PHOTOGRAPHY BY SHARAT CHANDRA
DESIGNER AND STYLIST: YATIN GANDHI
TALENT MANAGED BY: SUGAR MEDIA

Q. Who's your inspiration as an actor? If given the choice what kind roles and characters you wish to play on screen?

Shah Rukh khan is my inspiration. I just love him and the kind of films he's done ranging from all genres. I would like to play a variety of characters and I feel that's what the best part of acting is: you got to play so many lives in just one life.

Q. How do you prepare a role as an actor?

I like to think about that character - her traits how she would talk walk and what would she feel in a given circumstance and just be with that character for as much time as I can.

Q. How would you define acting in your words?

Acting is my first love, my passion, my dream and my everything.

DO THE WORK THAT SATISFY YOUR SOUL NOT THE SOCIETY.

MAGAZINE KING

Q. According to you, what are the tools/skills one must acquire to become a good Actor?

I think there's no set rules when it comes to performing arts. We should not confine to tools or rules and just be in the moment and explore ourselves as artists to learn as much as we can.

Q. If you had an opportunity to change something in the film industry what would it be?

These days I see songs are very less in a movie and sometimes nil and also lot of remakes and trying to copy Hollywood. I would like to change these aspects as Indian cinema should be known for its culture and not aping the west.

Q. What kinds of roles you are looking for? Which matter the most for you script or character or director?

I'm looking for impactful roles which can go down in history and become iconic. For me the script character and director are equally important and it has to be a combination of all.

Q. Being in show business, does it put pressure on you and how you handle it?

Of course it does especially when you are not from a film background…you have to prove yourself and make your own way. I try to be positive and just work hard on myself and believe is the key word here. If u believe with all your heart anything is possible.

Q. Why did choose/pick Sharat Chandra as photographer?

Because he is an expert. He got the experience, great sense of composition and he pays attention to the minute details. Other than his professional expertise, he makes you feel at home and tries to make you look as natural as possible in each frame and attire.

Q. What is fashion for you?

Fashion is reflection of your style and how you carry it with confidence and poise.

Q. To whom would you like to give credits of your journey till now?

To my family and friends for allowing me, supporting me, blessing me and being there for me always and encouraging me at every step.

PHOTOGRAPHY BY SHARAT CHANDRA
DESIGNER AND STYLIST: YATIN GANDHI
TALENT MANAGED BY: SUGAR MEDIA

MAGAZINE KING

FILMS & WEB SERIES RELEASING IN JANUARY 2023

VARISU

Cast: Joseph Vijay, Rashmika Mandanna, Shaam, Prakash Raj, Prabhu

Director: Vamshi Paidipally

Platform: Cinema

Release Date: 12th January

Vijay Rajendran is a happy to-go lucky man. Things change when his foster father dies unexpectedly.

KUTTEY

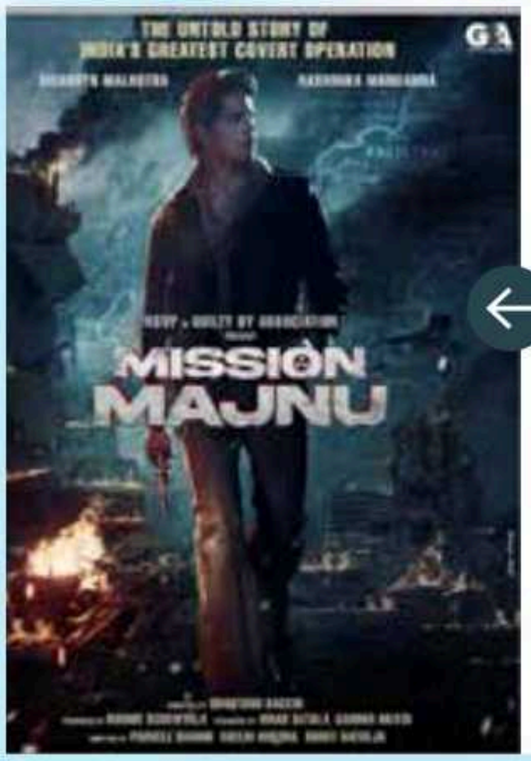
Cast: Tabu, Radhika Madan, Naseeruddin Shah, Arjun Kapoor, Kumud Mishra, Konkona Sen Sharma

Director: Aasmaan Bhardwaj

Platform: Cinema

Release Date: 13th January

Like an action crime movie, Kuttey displays the storyline of a truck containing billions of dollars.



MISSION MAJNU

Cast: Sidharth Malhotra, Rashmika Mandanna, Kumud Mishra, Mir SarwarSharib Hashmi, Parmeet Sethi, Zachary Coffin

Director: Shantanu Bagchi

Platform: Cinema

Release Date: 20th January

The untold story of India's most audacious and daring covert operation in the heart of Pakistan.

TEEN WOLF

Cast: Ian Bohen, Holland Roden, Tyler Hoechlin

Director: Russell Mulcahy

Platform: Cinema

Release Date: 26th January

A terrifying evil has emerged, the wolves howl once again, but only a Werewolf like Scott McCall, can gather both new allies and reunite trusted friends to fight back against what could be the most powerful and deadliest enemy.

MAGAZINE KING

PATHAAN

Cast: Shah Rukh Khan, Deepika Padukone, John Abraham Ashutosh Rana, Dimple Kapadia, Gautam Rode

Director: Siddharth Anand

Platform: Cinema

Release Date: 25th January

Somewhere in the dystopian Middle East, grand houses that once housed the wealthy are now homes of the city's most-dangerous criminals. An undercover cop, his ex-con, and others will take down the drug lord who killed his own father.

TEHRAN

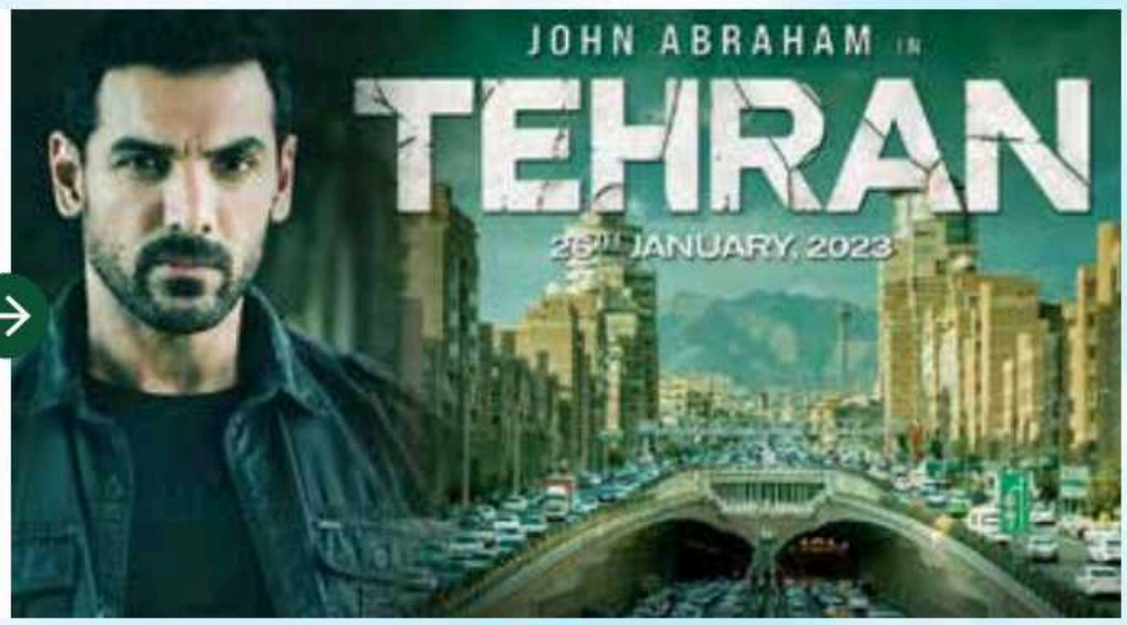
Cast: John Abraham, Allon Sylvain, Manushi Chhillar, Madhurima Tuli, Adam Karst, Desmond Edwards

Director: Arun Gopalan

Platform: Cinema

Release Date: 26th January

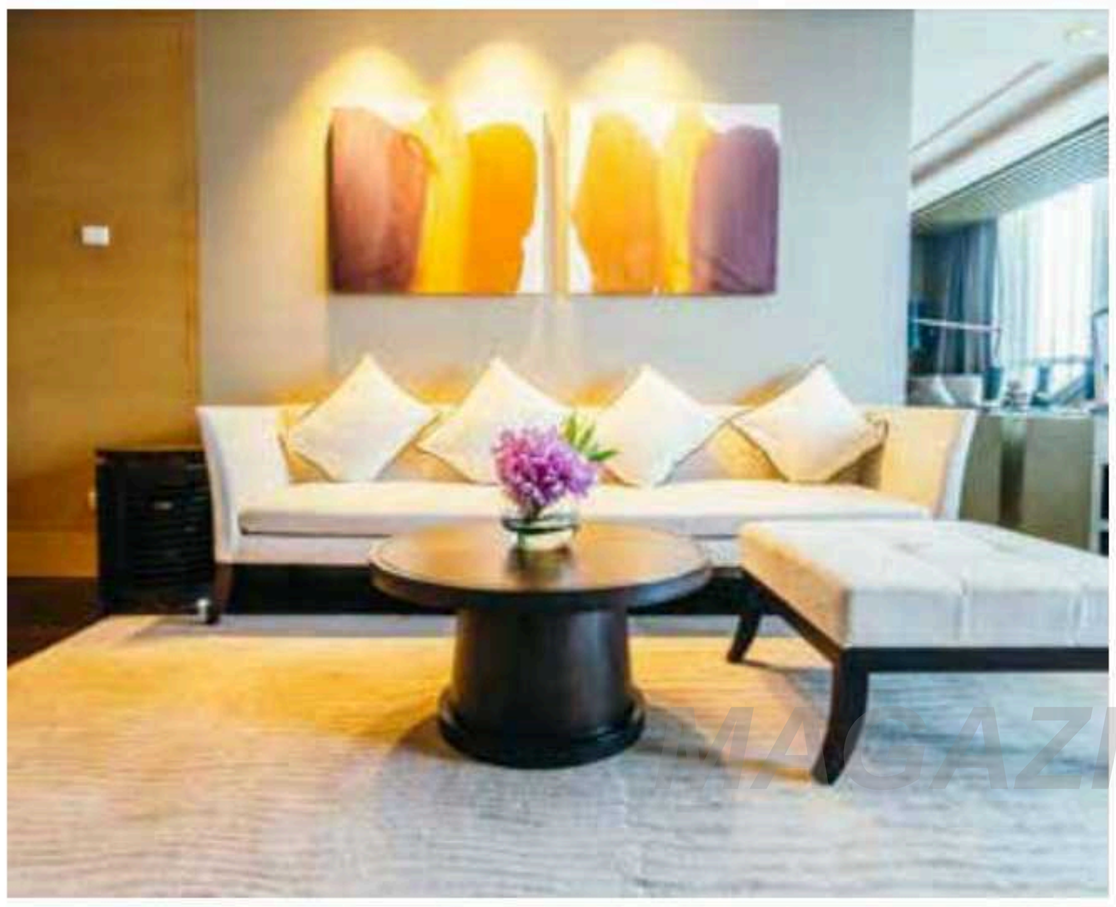
Based on true happening, Tehran is purportedly a geo-political thriller proceed around the Russian-Ukrainian War. In a conference, the movie's lead artist John Abraham narrate the film as a suitable foreign affairs film.



WINTER LIVING ROOM

BEST WAYS TO MAKE DECOR FEEL COSY FOR THE COLD MONTHS

As the days grow shorter, there's nothing like a warm and inviting lounge to retreat into come evening. Adding in winter living room ideas to your space will help you to create a welcome retreat to escape the cold outside. You can seasonally transform your space by creating a cosy feel with the right decorating scheme.



If your living room is pale and interesting, it can still look cosy come the winter months with the right winter living room decor. A flickering open fire or stove will give even the most neutral of rooms a lovely warmth. For simple living room ideas for winter, look to grouping sumptuous sofas and chairs around the fireplace and add texture with throws and a luxe rug. Whether you're looking to refresh the space with seasonal paint colours or simply looking to rethink your furniture layout, these simple winter living room ideas will help turn your summer lounge into a cosy snug set for the colder months ahead.

Snuggle beside the fireplace

If your living room has a fireplace, working or not, use it to anchor your furniture and make it the focal point. It can make small living room ideas feel even cosier and brings warmth to a larger space too.

SET THE SCENE TO EVOKE A SENSE OF KEEPING WARM BY A ROARING FIRE – EVEN IF IT'S NOT WORKING, IT'S MORE ABOUT THE EMOTIONAL ELEMENT. **RETHINK YOUR FURNITURE LAYOUT TO MAKE THE FIREPLACE THE FOCUS.**

Set the scene with ambient candlelight

Turn down the lights and adjust to the darker evenings with softer living room lighting ideas. If you have a working fire, great – use that to emit a cosy glow. But fear not if you don't have a real fire – all you need is candlelight to achieve winter living room ideas. Create a point of focus, whether that's on the coffee table or mantelpiece. Cluster candles together to form a base of centralised candle light. A flickering flame will always make you feel cosy, especially when styled in a curated display. It goes without saying, always take care – never leave a naked flame unattended.

MAGAZINE KING

Choose seasonal blooms and berries

Colourful flowers and lush green foliage lift a room, but it can look jarring to have summery blooms, imported from the other side of the world, in the middle of winter. Instead, opt for seasonal stems, such as Christmas roses, clematis or dried eucalyptus, which looks as lovely dry as it does fresh. It also gives off a gorgeous fragrance. 'Eucalyptus is superb as a dried stem as it retains its shape and holds onto its leaves,' says florist, Philippa Craddock(opens in new tab). As it dries it takes on a slightly softer grey-green tone. To keep dried stems looking good, simply dust them occasionally.'

Introduce pops of plaid for a highland feel

Certain patterns and prints evoke cosy living room ideas and wool plaid is one of them. If you have a living room that you tend to use more in the winter, than in the summer, choose a checked fabric for some accent pieces of upholstery, such as an armchair or footstool.

Mix the colours and checks of this woollen weave and style with autumnal tones to create somewhere you want to snuggle up on chilly evenings or weekends.

'Soft furnishing have a significant impact on the overall feel of a room,' says Debbie Leigh, design manager at ILIV(opens in new tab). 'Layer plains and patterns carefully; when using bold patterns on upholstery it is best to keep the cushions plain.

Or go for a plain fabric for the upholstery and experiment with a mixture of colours and patterns on scatter cushions.'

Warm things up with black and gold

Creating a wintery living room vibe doesn't mean it has to feel rustic or like a country cottage. It's possible for a room to feel wintery without sacrificing glamourous modern living room ideas. Mixing black and gold will bring a sense of sophistication to your living room. We're not suggesting you redecorate every season (that would be insane). However, hanging drapes in addition to blinds or shutters in the colder months, or switching a light rug for a heavier one as the weather changes makes a great seasonal switch.

Evoke warmth with chunky knits

Chunky knits aren't just for your wardrobe, they can adorn your home too. When the weather changes, many of us like to 'rug up' in a cable knit or Arran jumper before bracing the elements outside. Yet this style can just as easily flatter and warm your living room too. Choose a couple of chunky knit cushions and throw in a neutral tone to complement neutral living room ideas. Dress your sofa with these extra items so you can snuggle up during the winter, and store them away in the summer.

Add a cocooning feel with wooden furniture

Instead of starck white surfaces, timber feels homely and warm. So why not bring a smart wooden bureau into the living room to use as a work station or somewhere to sit and do essential admin? The beauty of this traditional piece is that the desk part can be folded away, along with a laptop and any papers. So you can feel cosy whilst working or doing any paperwork, then when you're done, it can easily be closed up until you need to use it again.

Recline on a chaise longue

If you have the space for an extra seat in your living room, bring in a chaise longue, so you can recline beside the fire and unwind from the weekly stresses with a best seller. Choose a rich, sumptuous colour that will suit the space. In this instance navy brings depth to the neutral room with its pale stone walls and light fluffy rug. Scatter your chaise with comfy cushions and throws, and make sure you have a reading lamp to softly light gloomy days and long dark evenings.

Mix natural materials for the feel-good factor

Sumptuous natural fibres and finishes feel good to touch. After all, humans have used wool, leather and plant fibres to stay warm for millenia. There's something about them that we're innately drawn to.

A wool rug on a wooden floor and a woollen blanket over a leather chair is guaranteed to bring comfort on a cold day. For added character look into buying secondhand furniture - scour antique shops, flea markets or online marketplaces for second-hand leather chairs.

Cocoon the room in colour

One of the most popular living room trends involves the move towards rich, saturated shades and darker comforting tones in winter living room ideas.

'This move to a cocooning, sheltered warm feeling sees colours such as blackened denim 'Kigali', charcoal toned blue 'Squid Ink' and rich and welcoming brownish red 'Masai' rising to the for.

Being embraced not only on walls, but on ceilings and woodwork too,' explains Andy Greenall, Head of Design, Paint & Paper Library(opens in new tab).

Adjust the lighting balance

Turn off the overhead lights, or at least dim them where possible, and seek softer lighting alternatives. Thoughtful living room lighting plays a key role in adjusting how you feel within the space.

Low levels of light help to set a more intimate and comforting vibe, essential for feeling cosy and content within the space. Living room fireplace ideas, too, will help to add warmth and soft light to the room. Switch to lamps and wall lights for winter living room ideas to gently add pools of light to the living room without awaking the space with harsh overhead lighting.

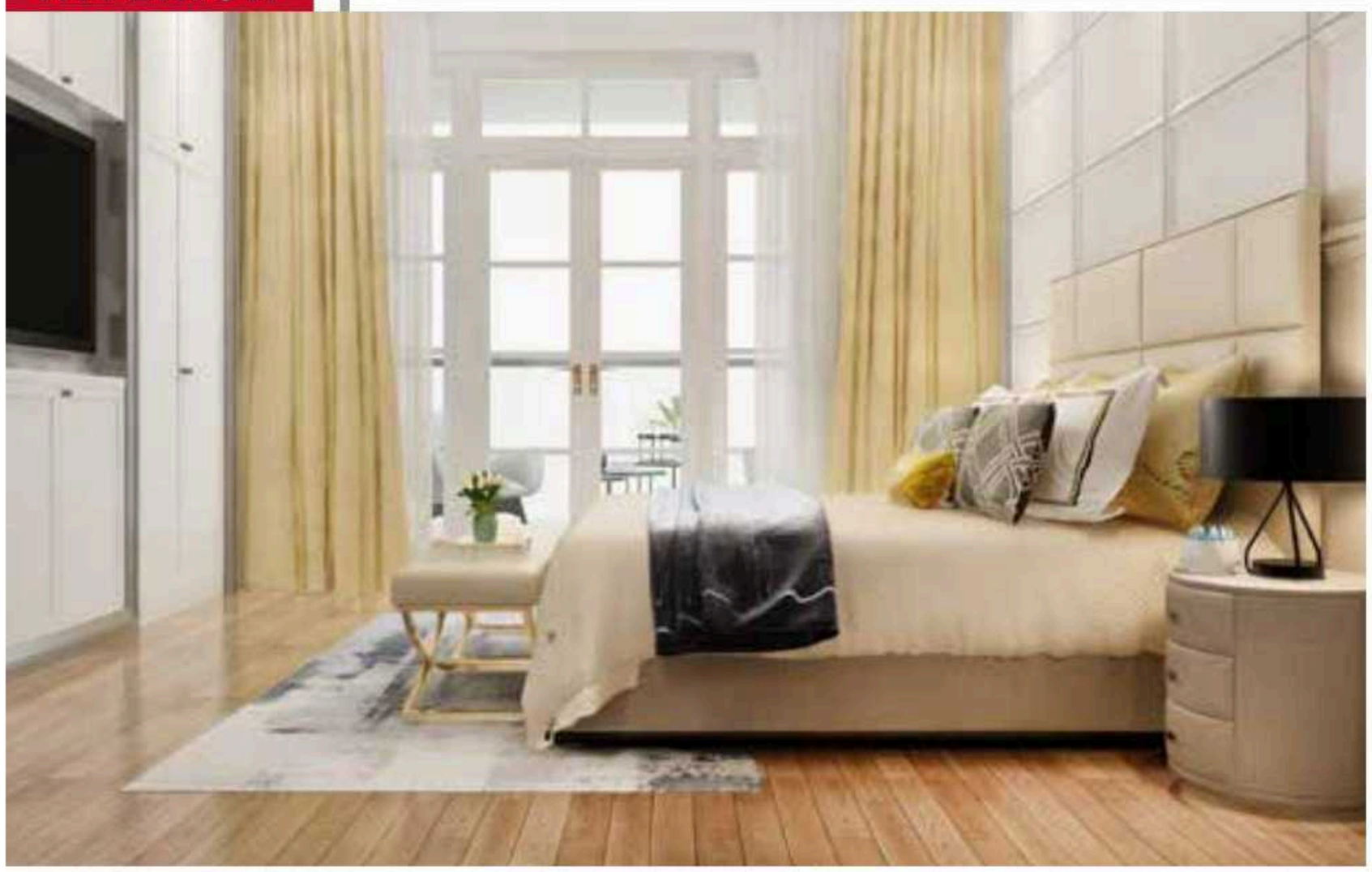
Layer warmth underfoot

Even the most summery of decorating schemes, such as coastal living room ideas, can be transformed into a cosy retreat with the right winter living room decor. While the room has light textures which can sometimes appear cold, the use of layered rugs on the white-washed floor instantly provides a warming element to the scheme.

Insulate with window treatments

Smart window treatment ideas provide the perfect finishing touch to any living room. Not only adding a decorative finishing touch, a good window treatment helps to insulate the room, which can go a long way in winter living room ideas.

MAGAZINE KING



HOW TO CREATE EXTRA ROOMS IN YOUR ATTIC SPACE

MAGAZINE KING

Most lofts don't get a lot of love. Often stuffed with just-in-case junk and things that haven't seen the light of day for 20-plus years, it's an area that's ripe for renovation. Clear your clutter and you can turn it into a multi-use, beautiful space.

Get your next project off to the right start with our project planning section
A loft conversion or attic extension is a great way to add extra space, whether you are looking for extension ideas for bungalows or crave another bedroom, bathroom, office, or playroom.

1. LOFT CONVERSION IDEAS

Create the perfect retreat in your home with some extra living space in the loft. While we all like to spend time socializing with family members or friends, time to recharge on our own is so valuable.

Keep things casual with a classic sofa and mismatched armchair in neutral colors and go for a couple of super-cool accessories, such as the pouf and rug here, to make it your own.

2. ADD A TRANQUIL GUEST ROOM

It may not always be practical to put a master bedroom in your attic, particularly if you have very young children. So instead, why not turn it into a fancy guest space that you can reclaim when the kids are older? Granny and Grandad or friends can then be kept away from your little early risers and enjoy a peaceful night's sleep – even if you don't!

This owner's tall attic allowed them to create a spacious guest room and still leave a little space in the roof for storage.

3. ELEVATE THE KITCHEN

A loft conversion opens up the possibility of completely reconfiguring the layout of a home. Create a self-contained flat within the rooms of your existing home, a great idea for teenage children or for making frequent guests feel at home. A kitchen in the l oft could also be ideal for those creating an authentic home office, complete with all the amenities.

4. OPEN OUT TO A BALCONY

This barn conversion's master bedroom feels all the more opulent for its Juliet balcony with double doors, carefully designed around the building's timber structure. This is especially effective in a roof space where it might be tricky to fit Velux windows or a dormer in the slope of the roof.

5. LET THE STRUCTURE SHINE

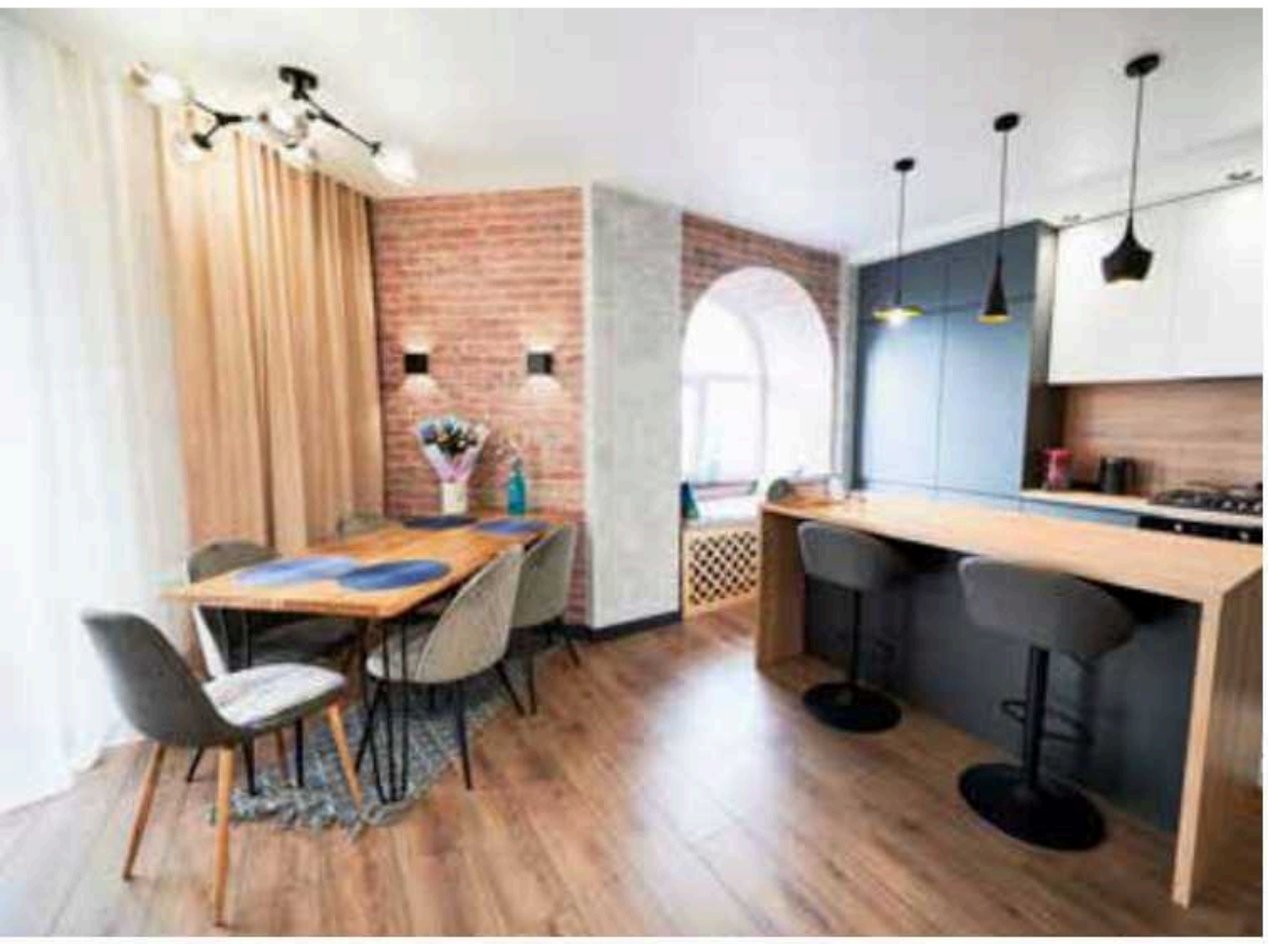
The owners of this converted coach house managed to squeeze this bathroom into the eaves. They wanted the bathroom's style to reflect the building's heritage, so they kept the original timbers exposed, and painted them white for a light, airy feel.

6. ZONE THE OPEN-PLAN SPACE

The beauty of extending into the loft is the footprint of space to create generous-sized rooms. Because of the sloped roofs, it's often beneficial to keep the layout open-plan, but with clever zoning, you can create multifunctional purposes within the space. Allow the architecture to determine different zones for bedrooms, home offices, playrooms, and more.

7. INDULGE BOUTIQUE HOTEL VIBES

When going to all the effort of creating a dream space, why hold back on the indulgent features? This loft bedroom feels worthy of a boutique-style hotel thanks to the placement of a stunning freestanding bath within the bedroom space.



Don't overlook the attention to detail that can elevate your attic bedroom from average to awesome.

8. BE MINDFUL OF BESPOKE SOLUTIONS

'Make the most of unused loft space with attic wardrobes' advises Andy Briggs, resident interior designer for Spaceslide(opens in new tab). 'You may think that the areas under the sloping eaves are awkward and a waste of space, but with careful planning and some ingenuity, the space can open up a realm of possibilities. The key here is to go bespoke. Your loft is a unique space, so ordinary furniture won't do the trick. Loft wardrobes should be designed to seamlessly fit into the contours of the room, filling every available space.'
'Loft wardrobes work best when they are made-to-measure and fitted with storage kits that meet your every requirement, whether that be a place to store extra clothing, or shelving to house your less frequently used items from around the home. In addition, sliding wardrobe doors can be cleverly installed to run alongside the sloped ceiling so that they utilize the floor-to-ceiling space.'

9. CONVERT A NARROW LOFT INTO CHILDREN'S BEDROOMS

It's common for the loft to be converted into a master en suite. But when you're dealing with a narrow space, it may be more practical to turn your attic into one or two smaller kids' bedrooms. You can then reconfigure downstairs to get that dream space for Mum and Dad.

This bunk is plenty wide enough for a small person to sleep comfortably, with space below for toys. Whereas it might have been a tight squeeze for grown-ups.

10. ACHIEVE YOUR DREAM BATHROOM

We don't usually have the chance to dream big when it comes to our bathrooms – but maybe your loft could change that.

By dedicating the whole space to a spa-like retreat, you can really indulge in features like a walk-in shower and sinks for two. Don't let wooden beams get in the way of creating your perfect shower enclosure in a loft space.
The use of one sheet of unframed glass, held in place by two sleek stainless-steel bars, keeps this wet-room-style enclosure minimalist and unobtrusive.
The floor-level drain is also a great way to ensure that you don't lose any precious height in your shower.

11. LEAVE YOUR LOFT OPEN-PLAN

Consider the space you have carefully. Sometimes it's best to leave an attic open plan to compensate where you can't include big windows.
It could also be that you have a double-height room that would benefit from the impressive feel of a mezzanine level in the part of it. It's a desirable look with plenty of appeals.
Here, this bedroom has a bathroom up a few steps, but you could create a sleeping area above a living area or vice versa instead.

12. BUILD IN LOW-LEVEL STORAGE

Sometimes it's tricky to know what to do with the awkward low space between the slope of the roof and the floor. However, in this elegant home office, it's used to perfection. A custom-made solution incorporates drawers for paperwork and baskets for occasionally used items like printers.

13. TURN IT INTO A TEEN'S DEN

We know not every teenager is a 'Kevin' (from those famous Harry Enfield sketches). But even so, they do like their own space where they can spend time with friends out of earshot of their parents. That's why an attic can be the perfect teenage bedroom. This large space accommodates a separate seating area, a 'walk-in wardrobe', and a cool hanging chair that makes the most of the ceiling height.
A colorful fairy light idea around the bed alcove is the finishing touch.

14. MAKE THE MOST OF ANY NATURAL LIGHT

Don't let a seemingly awkward space intimidate you. Here, the walls have been sympathetically shaped allowing as much light as possible through a dormer window. Dormer windows extend out of the roof and create extra room.

There is, however, more work involved and they can be more expensive than a Velux. You'll need proper staircase access with a dormer design, which can require permission.
But the extra expense and work may be worth it with the added value the space will bring.

It's a nice idea to put a statement bath near a natural light source and enjoy the view as you soak. Wood-effect tiles arranged to mimic timber cladding enhance this bathroom's country feel.

MAGAZINE KING

TRENDING INDO WESTERN DRESSES *THAT YOU WOULD LOVE TO TRY*

MAGAZINE KING

Trends and changes are an important part of life and accepting and trying that can be fun. This line goes perfectly if we talk about fashion. It is all about new trends and the idea of styling fashion isn't always about something new but surely about something different and experimental at times. It isn't important to bring something new fresh in designs, but you can surely do that with designs.

Trends and changes are an important part of life and accepting and trying that can be fun. This line goes perfectly if we talk about fashion. It is all about new trends and the idea of styling fashion isn't always about something new but surely about something different and experimental at times. It isn't important to bring something new fresh in designs, but you can surely do that with designs.

Indo westerns dresses are the best example that people excepted from runway to streets. Indo western dresses are the fusion of two different silhouettes and culture that makes a statement.

Combining Indian wear with the western silhouette becomes a revolutionary idea that is adopted by mass.

Any new trend or style doesn't limit the initial stage with demands it keeps on improving and changing to bring something new and different. The same goes for Indo western there are many styles that are out of fashion and so many that became the part of trending club!

Here is the perfect list of trending Indo western dresses that you can try on different occasions and become part of the limelight!

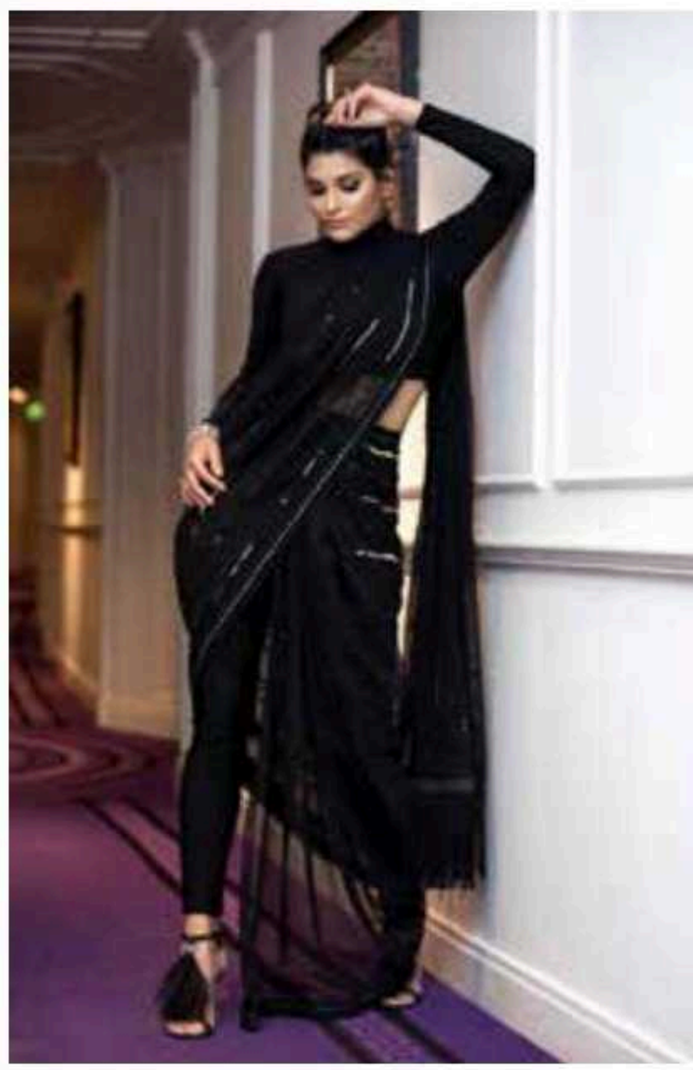
BANARASI SKIRT WITH A WHITE SHIRT

A white shirt paired with a bold yet elegant banarasi skirt with kali is a trend that many of us loved and still in trend. This duo isn't going out of fashion in the near future.

You can a multi-layered necklace or big chandbali for occasions like wedding functions and pooja.

SAREE WITH PANTS

Saree and pants are two completely different silhouettes that make a great combination. If you don't want to buy a new outfit you can try this combination, choose a saree from your wardrobe that goes with available cigarette pants. Choose a nice pair of earrings or choker and you are good to go!



CO-ODDS WITH JACKET

Co- odds are already trending outfit options when we talk about western wear. But you can combine this with a jacket for some Indian occasion.
Choose a solid colour for crop top and pants to wear with a colourful embroidered long jacket. This will surely look different and perfect for the occasion.

LEHENGA WITH JACKET

Most of us are done with carrying long dupatta, after all we need to enjoy and dance with our loved once. Lehenga with jackets is one of most trending indo western dresses. A heavy lehenga with long chiffon or georgette jacket with light embroidery is loved and picked by many.

KURTIS WITH DENIM

Kurtis with denims is the most adapted combination when it comes to choosing something for daily wear. From straight Kurtis to cotton Anarkali, this combination still trends. You can wear this in the office to shopping or for a function you don't want to carry heavy outfits.

JUMPSUITS

Indo western jumpsuit is the latest that women are loving and trying, they are available in varieties from light printed cotton to heavily embroidered with zardozi. You can carry a layered necklace, choker or just bangles depending upon the occasion.

CROP TOP WITH PANTS

Crop top with flared pants or cigarette pants is still in trend with Indian prints or embroidery. This is one of the most comfortable outfits that you can carry the whole day and enjoy. You can pair this with a bunch of bangles and huge earrings.

CORSET SAREE

Corset sarees are the most stylish and sassy indo western style. From weddings to red carpet many of us tried this, corset saree seems to stay in trend for long time. People also tried corset blouse with lehenga, designers are trying many experiments and you can do that too!

MAGAZINE KING

HOW TO MAKE SURE YOU ARE BUYING AUTHENTIC DIAMOND EARRINGS

People may easily fool you into thinking a gemstone is a diamond when it's a less valuable alternative, like cubic zirconia or moissanite if you don't know the difference. Thus, you must know how to make sure they are real.

Despite the usefulness and practicality of this guide, it is essential to remember that the results of any single at-home test should not be the gospel. A diamond expert can tell you with certainty whether a diamond is natural because of their training and expertise.

Verify the Refractivity of the Stone

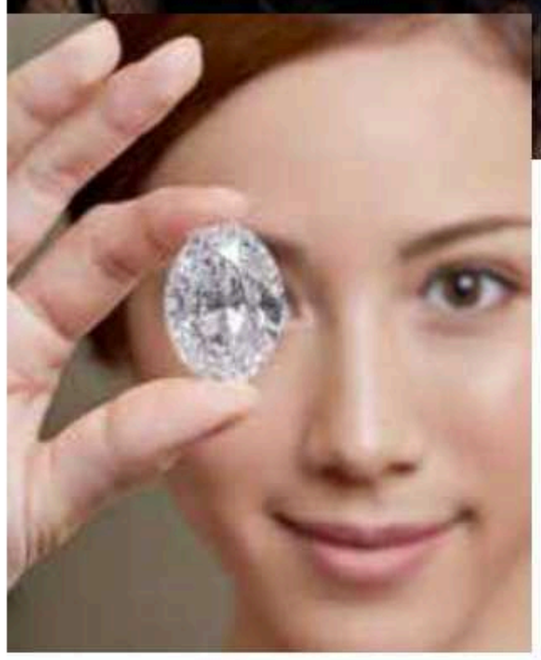
Diamonds are so dazzling because the light passing through them is bent so sharply or refracted. Stones with a lower refractive index, such as glass and quartz, don't reflect light as efficiently, reducing their sparkle. Because it is an intrinsic property of the stone, a stone's brilliance is difficult to change, even with an expert cut.
Look at the stone's refractivity to determine if it is accurate or fake.

Fog Test

Hold the diamond or ring between two fingers while a puff of air is blown over it to perform the fog test. Because of the moisture and heat in your breath, a thin fog will form on the diamond. The diamond is genuine if the fog lifts immediately after being created. If the fog doesn't clear up within a few seconds, you can bet it's not real. Since they are excellent heat conductors, diamonds quickly disperse hot temperatures.

Consider the Reflection

The reflections of a real diamond typically appear to be shades of gray.
Have a good, long look straight down through the diamond's crown.
Rainbow reflections indicate a low-quality or synthetic diamond.
Look for anything that "sparkles" instead.



The sparkle of a genuine diamond far outweighs that of a similar-sized piece of glass or quartz.
A part of quartz or glass could come in handy as a point of reference. A gemstone called moissanite outshines diamonds in terms of sparkle and shine. But moissanite is not a diamond.

Determine the refractive index of a diamond by placing the stone, flat side down, on a section of the newspaper with a lot of lettering. Be sure the diamond is well-lit and that no one or thing is blocking its light.
If you can make out the newspaper's letters, even if they're a little fuzzy, then the diamond is not real. The facets of a genuine diamond will cause light to scatter in many directions rather than travel straight through it.
As a result of this diffraction, it won't be easy to see through the diamond and read the paper.

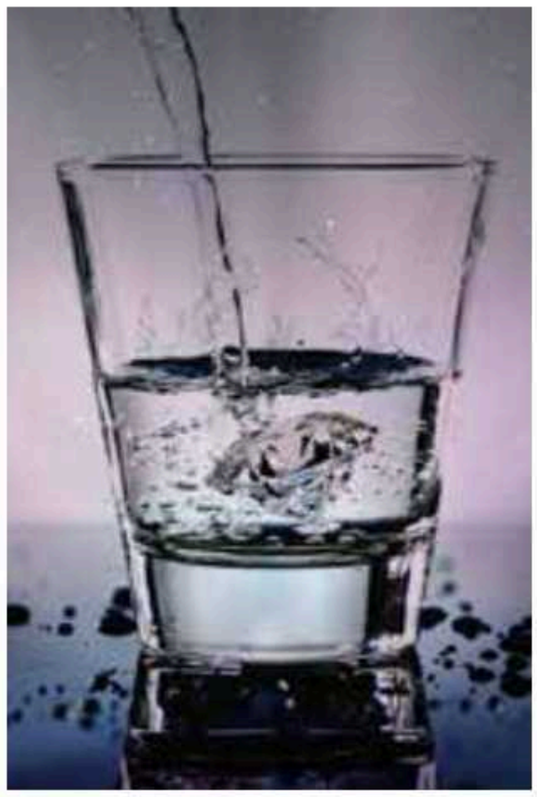
MAGAZINE KING

Inspect the Attachment and the Setting

People rarely mount authentic diamonds in inexpensive metals. Genuine gold or platinum settings will be stamped on the interior (10K, 14K, 18K, 585, 750, 900, 950, PT, Plat), "C.Z." The seal will unveil that the middle pebble isn't a real diamond. Cubic zirconia (abbreviated as C.Z.) is an artificial alternative to genuine diamonds.

Test whether the Stone Breaks when Heated

If you suspect a stone, you can test it by heating it for 30 seconds with a lighter and then placing it in cold water. As a result of the rapid expansion and contraction, fragile materials like glass or quartz will shatter from the inside out. Nothing can break a genuine diamond.

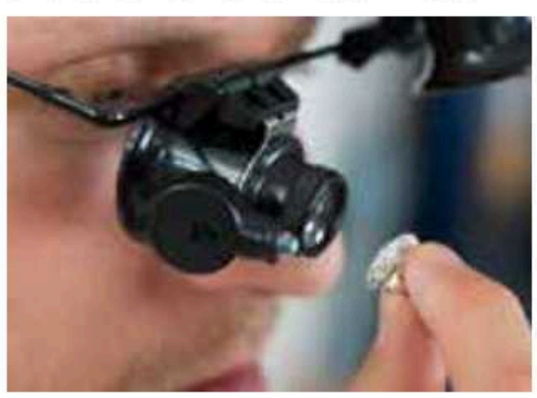


Experiment with Water

Collect an ordinary glass and fill it 3/4 full of water. Place the loose stone gently into the glass. A genuine diamond will sink to the bottom of the container. It's not real if it floats below or above the water's surface. The water test will reveal whether the density of your stone is comparable to that of a genuine diamond.

Have it Looked at Under a Microscope.

Observe the diamond under a microscope with the highest facet facing down. Use the tweezers to rock the diamond back and forth gently. The diamond may not be real if it has an orange sheen along the facets. In addition, the presence of Cubic Zirconia may suggest that the diamond is flaw-free.



It would be best if you had a microscope with a magnification of 1200x to get a good look at the diamond.

Use a Highly Precise Scale

Since cubic zirconia typically weighs around 55% more than diamonds of the same shape and size, you can use slight differences in weight to distinguish between the two. This comparison requires an exact scale, with readings down to the carat or grain level.

THE ONLY WAY TO RELIABLY CONDUCT THIS TEST IS TO COMPARE THE SUSPECT DIAMOND TO A KNOWN, AUTHENTIC DIAMOND OF A SIMILAR SIZE AND SHAPE. YOU WON'T BE ABLE TO TELL IF THE WEIGHT IS OFF WITHOUT A REFERENCE POINT.

Obtain Proof of Completion by Requesting a Certificate

The most accurate and trustworthy way to determine whether a diamond is real is to consult the paperwork and the gemologist or appraiser, regardless of the specific tests you may choose to have performed.
Expert grading and certification ensure that your stone is of the highest quality and authenticity.
If you buy the gem online, sight unseen, you should insist on seeing proof of its authenticity before making the purchase.

Where to Get Real Diamond Earrings

Zales diamond stud earrings are sure to be a show-stopper. Zales Outlet currently has a wide selection of stud earring designs available in both gold and sterling silver.
Amazon offers genuine diamond earrings, ranging from $60 to $975 for studs. Earrings with genuine diamonds are available for purchase at Macy's online. You can shop for genuine diamond earrings at Macy's.
For the finest in one-of-a-kind or custom, handmade stud earrings, peruse our selection of real diamond studs. Visit Etsy.com today. You may find earrings with natural diamonds and the finest bargains for fine earrings at eBay, which has the most extensive online assortment.

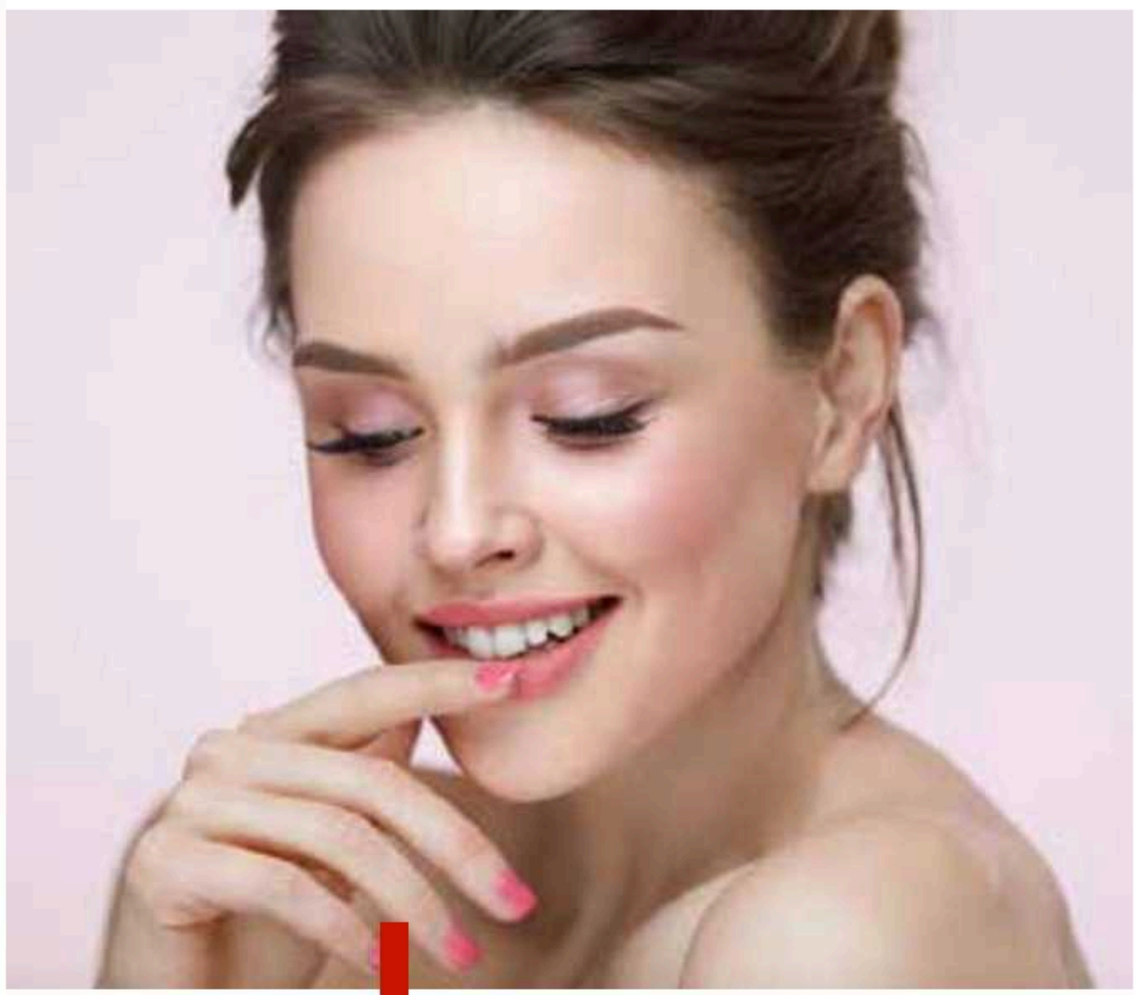
MAGAZINE KING

AMAZING DATE NIGHT MAKEUP LOOKS

Date nights can be interpreted in a variety of ways, including going out with your significant other, watching a movie with your besties, going shopping with your mom, or even having supper at home with your favorite person. But no matter what your intentions are, the objective is the same: to create a beauty look you adore and that is unmissable (whether it's for a first date or a cozy night in) with right and professional makeup brushes and beauty sponges.

We are aware that it is simple to get stuck in the same beauty regimen, repeatedly applying lip gloss and the same five-pan eyeshadow palette. Therefore, we dug deep to bring you some truly lovely (and doable) makeup ideas.

The playful, flirtatious, and romantic feelings are brought on by these 6 date-night makeup looks and tricks, allowing you to play the lead in your own love story, whatever it may be.

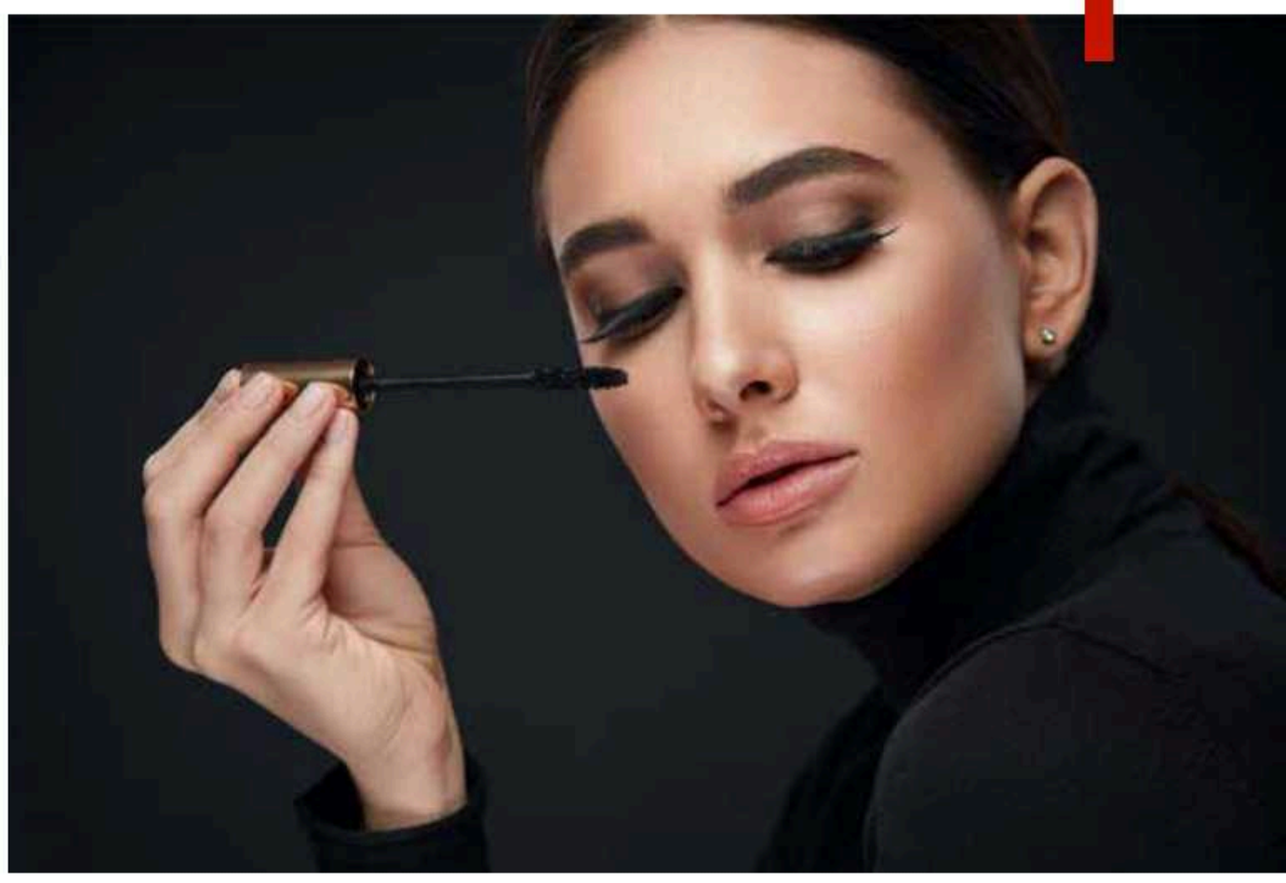


Blush Look

Take a Look: Spot hide while using a satin-finish foundation to create a glowing base. Dust off any extra powder and swirl the Proarte's Focused Blush Brush PF-12 into the apples of your cheeks. Dip the face makeup brush into your favorite shade palette (or across all shades at once for deep and distinctive color). After that, mix outward to create a diffused radiance. Applying blush to your eyelids will round off the appearance. All that's left to do is flirt with someone.

Slender Lashes

Get the Look: Eyeshadow isn't necessary for this look because the statement false eyelashes speak for themselves. Apply mascara and curl your false eyelashes. To coat even the shortest lashes, twirl the wand upwards while holding it horizontally at the roots of your false eyelashes. Holding the wand erect, divide your fake eyelashes into portions before the initial application dries. Now let your eyes speak for themselves.



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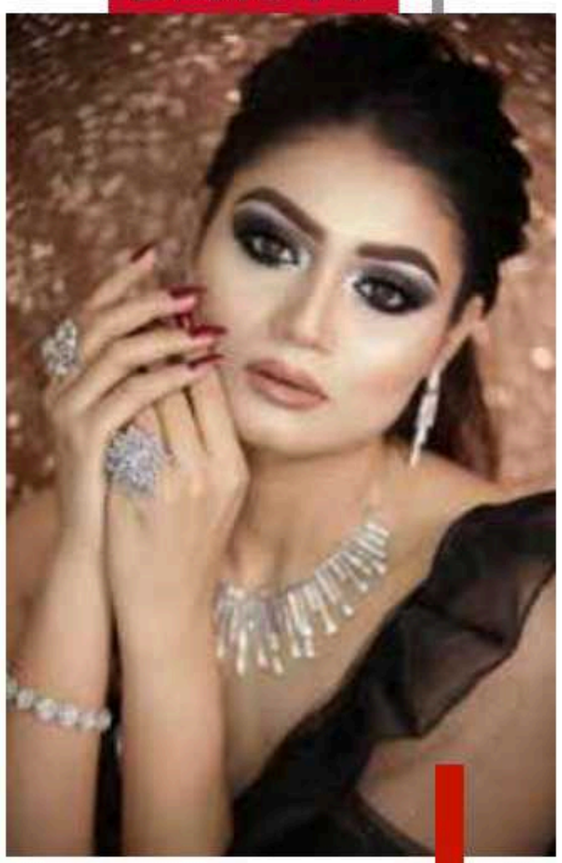
Glow Girl

Get the Look: Melt a Nourishing Balm-to-Oil between your fingertips and gently massage it onto your face until it is completely absorbed before adding makeup. Then do a regular makeup application. Then, use a fluffy foundation brush to apply foundation to the high points of your face, going from the bridge of your nose, your cheekbones, and your chin, starting at the top of your forehead. Use the bronzer on your eyelids to provide warmth and a soft shadow. Apply more balm with your finger to your cheekbones, browbones, cupid's bow, and the bridge of your nose to increase your luminosity.

Go Graphic

Get the Look: Consider graphic eyeliner to be the LBD of current eyeliner styles. It makes a dramatic statement, is insanely cool, and is all you need to make your stunning eyes explode.

Grab a gel-cream eyeliner pencil and a thin eyeliner brush (feel free to go jet black or play with color here). Start by drawing a thin line from the inside corner of your eye outward, flicking up at the corners to give the appearance of an exaggerated cat-eye. Return to your inner corner now, and draw an arching line tying your top wing to your lower wing along your crease. Do your hands shake? All of us do.

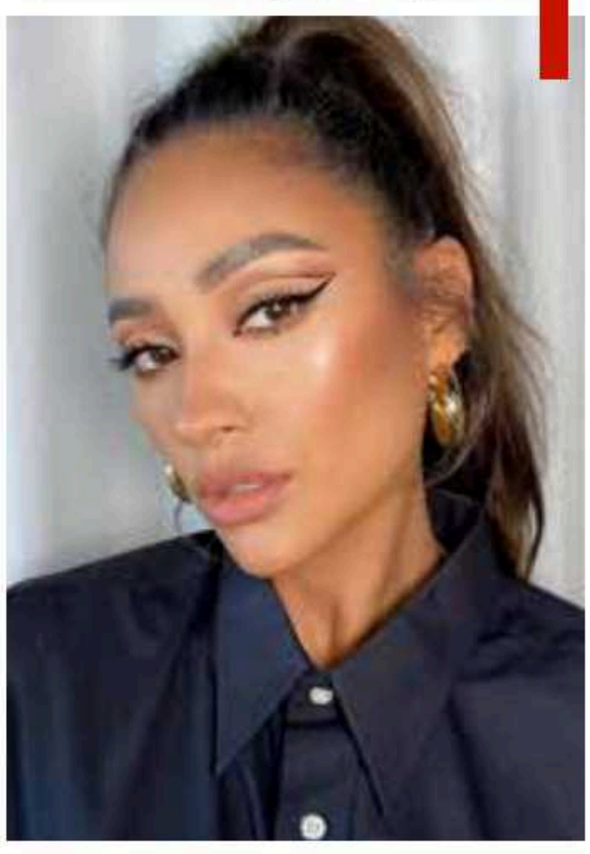


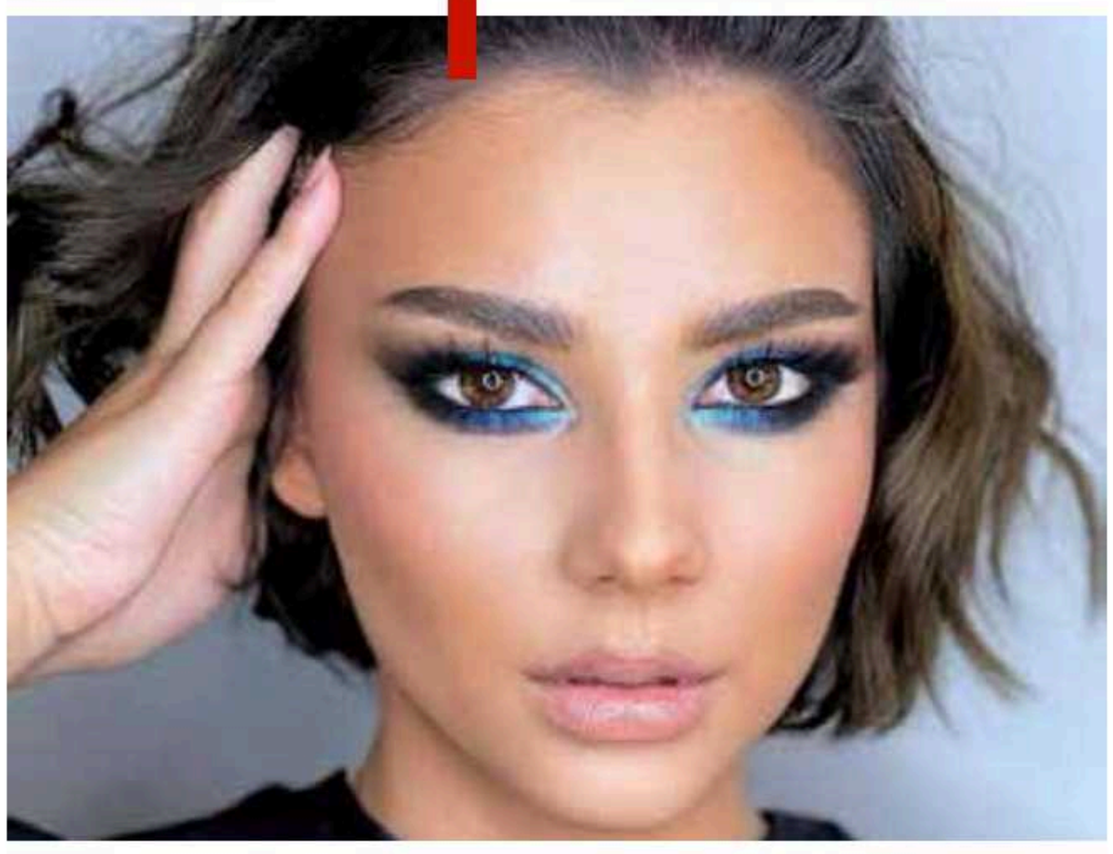
Smoky Eye Show

Get the Look: Want to look hot on any date with a smokey eye? Here's some advice: don't make things too difficult. To achieve a really sensual look that works for all types of dates, choose a golden eyeshadow instead of the standard go-to shadows like jet black and purple hues. Apply bronze makeup to the lids. Then, smoke out the corners with a fluffy eyeshadow brush. To create depth and make your eyes stand out, dab a small amount of pale gold shimmer in the center of each lid. Add an extending mascara to the end.

Bring Baby Blue Black

Get the Look: We can't resist a nice throwback when it comes to cosmetic trends. Especially an homage to 90s makeup like this powdered blue shade, which is ideal for a midday date that ends up turning into a nightcap. Use a moisturizing primer first. With your ring finger, apply a neutral eyeshadow base next. This will help to even out your skin tone and make the blue pigment stand out more. Finally, apply a sky-blue shadow using a fluffy eyeshadow brush. Apply a layer of volumizing mascara after.





MAGAZINE KING

HOW DOES BODY FAT PERCENTAGE MEASUREMENT WORK WITH A SMART BODY SCALE

Regular exercise and a healthy lifestyle can make a big difference in someone's life. This difference should be accompanied by something that helps you keep track of your progress. And what better way to do that than with a smart body scale?

A standard scale will not do the job, but a smart one that also measures body fat, like the Eros Scale, will help you assess your progress effectively. Healthy habits shouldn't be overlooked, and a smart body scale helps your results shine. So, let's see how it works and why you should get one.

How Does It Work?

It's as easy as it sounds — you step on a scale, and it measures the critical metrics regarding your body composition. Each scale has its inner workings, but most rely on bioelectrical technology to capture all relevant data.

For example, the Eros Smart Body Fat Scale uses bioelectrical impedance analysis technology to estimate body composition.

So, when you stand on the scale, a tiny electric current goes through your feet, your pelvis, and the rest of your body to gather pertinent information. The scale's sensors measure the amount of resistance produced by body fat.

The rule of thumb states that greater body resistance means a higher fat percentage. We can calculate this as fat contains less water than muscle, meaning it's harder for a current to travel through.

Something that a smart body composition scale won't tell you is the levels of body fat percentage that should concern you, which are:

- 32% or higher for men
- 25% or higher for women

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Are Body Composition Scales Accurate?

Plenty of factors go into providing this data, including gender, age, height, weight, and level of physical activity. So, all of these variables provide a rough estimate of key fitness metrics. For instance, the Eros Scale measures the 13 crucial fitness metrics that any active person wants to know. These are:

- Body weight
- Body fat
- Muscle
- Water
- Bone mass
- BMR
- BMI
- Visceral fat
- Subcutaneous fat
- Metabolic age
- Protein
- Skeletal muscle
- Fat-free body weight

Other factors also go into providing accurate results.

Factors like the time of day, food and water intake, and the clothes you wear can affect the numbers. Even the flatness of the floor where the scale is placed can influence your results.

So, can a smart body fat scale provide accurate results? Depending on the proprietary mathematical formula the scale in question uses, the results can be pretty reliable. The Eros Body Scale provides weight measuring results of +/-0.2 lb (+/-0.1 kg) and weighs up to 400 pounds (180 kg).

How to Make a Body Fat Scale Reading as Accurate as Possible

Interestingly, you can do a couple of things to help you get the most precise results. Follow these tips:

- Place your scale on a hard, solid, and even surface.
- Don't wear shoes or socks when stepping on the scale.
- Wear as little clothing as possible, or always wear similar clothing when taking measurements.
- Use the scale first thing in the morning, preferably before drinking your first glass of water.
- Make sure you always take your measurements at the same time of the day.

These tips might seem redundant to some, but they will surely help you get better results when measuring body fat, aside from other key metrics.

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A smart scale with body fat readings will always provide approximate estimates, but you must consider other changes in your body when stepping on the scale. So, if you're part of a fitness program or on a diet, you can expect that to affect your results. Make sure to take everything with a dose of caution.

What Is the Difference Between BMI and Body Fat?

Body mass index or BMI is a reliable indicator of your overall health, but it cannot measure body fat.
Instead, it provides an overall picture of whether you're in the suitable weight range considering your height and age.

According to some statistics, these are the recommended BMI numbers:

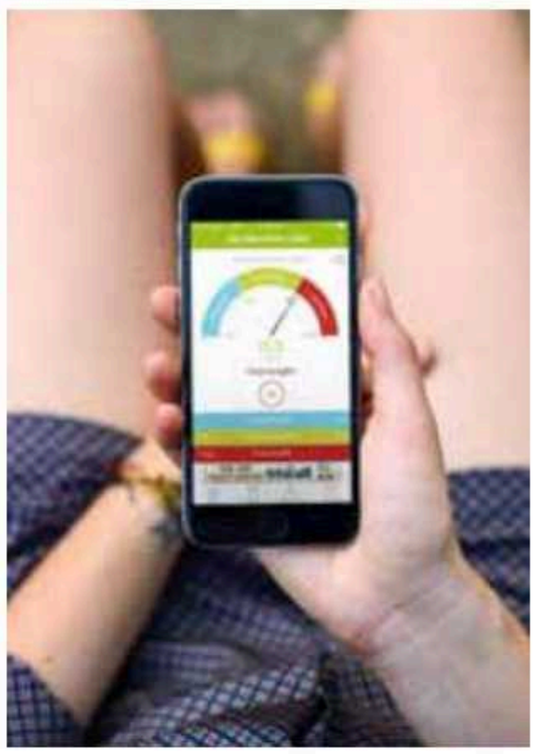
<18.5	Underweight
18.5–24.9	Healthy weight
25.0–29.9	Overweight
>30.0	Obese

If you've only ever relied on BMI, note that you did not get your body fat percentage calculations. You must rely on other methods, like a body fat smart scale, to get those numbers.

CTA

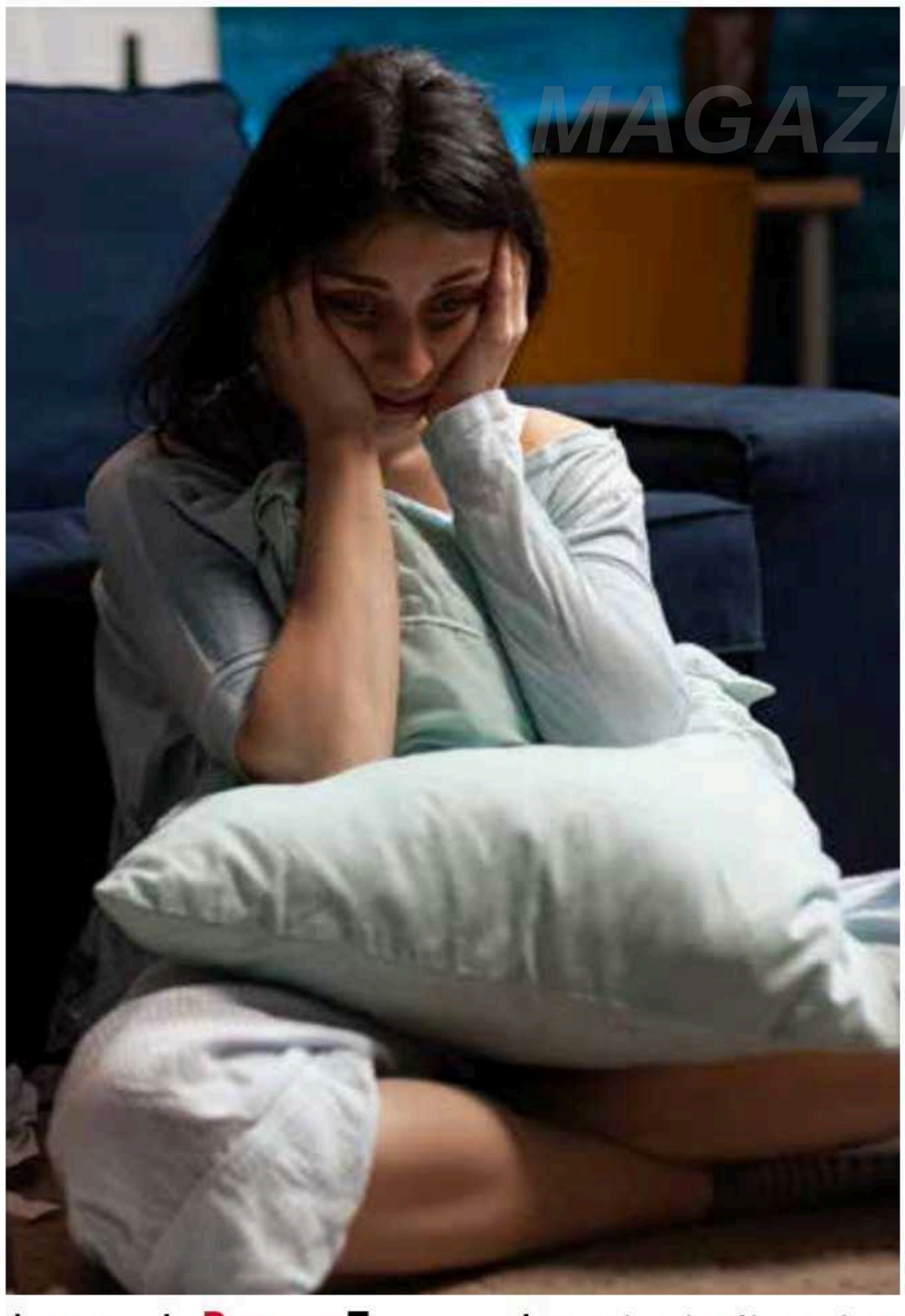
If you're looking to measure your body fat percentage, along with a couple of other things, while following a healthy fitness journey, we recommend the Eros Smart Body Fat Scale.

This smart scale provides insight into the crucial metrics that help you regularly note your results. You can even connect it to your smartphone or tablet and keep track of all relevant data in the palm of your hand. If you're feeling generous, the Eros Smart Scale allows creating multiple accounts to share with your family and friends.



How To WITH DIVORCE WHEN YOU STILL LOVE HIM

Divorce is the most potent stress for a woman. After breaking up, you have to change your routine way of life, but you sadly recall your favorite joint hobbies and pleasant moments again and again. When the house turned into a battlefield, and the spouses' feelings changed, then, most likely, the separation will bring relief to both. However, what should you do if you are still in love with ex-husband after a breakup? How to cope with unbearable pain, which is firmly entrenched in the soul and is not going to leave it?



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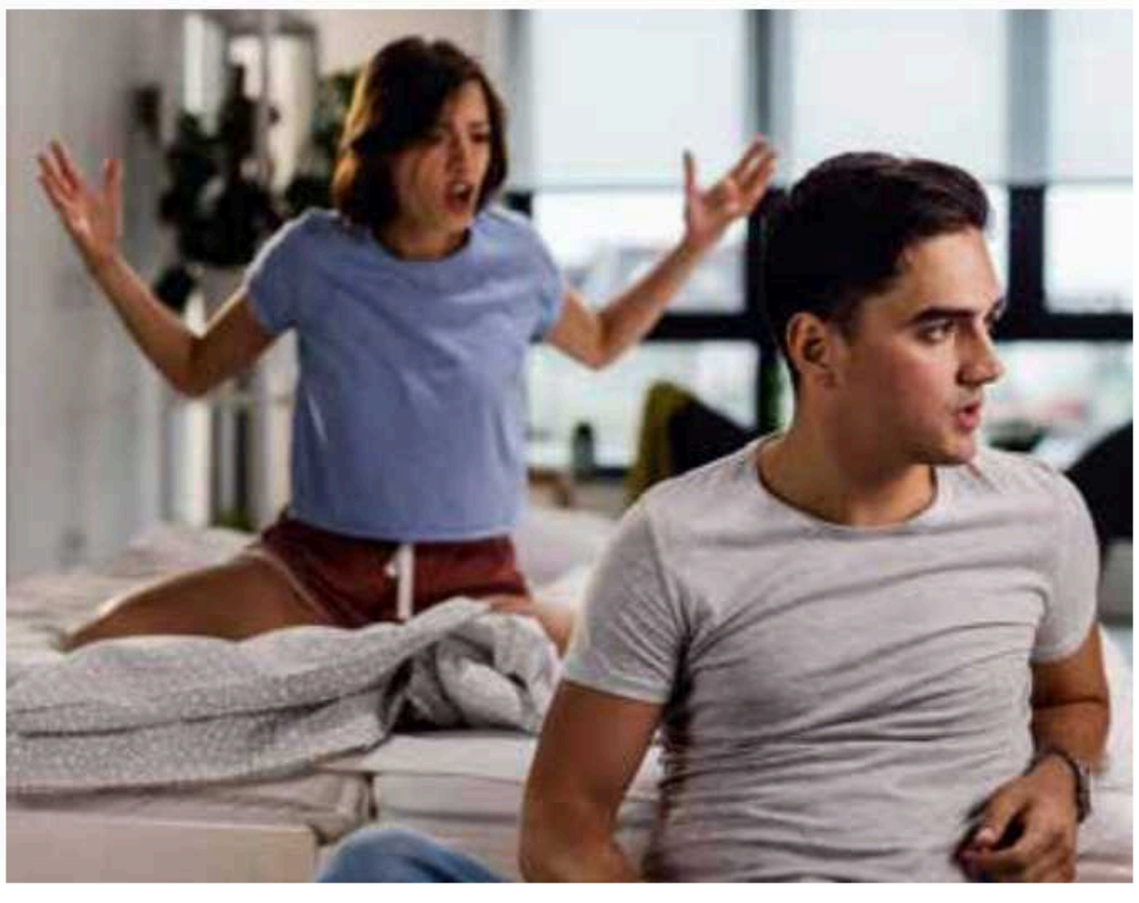
Beginnings are always difficult. It seems to you that the world collapsed, and you see the former husband as your only savior. But he is not. His constant presence next to you has become a vital necessity for you, perhaps you have even lost yourself in him, and now the subconscious mind refuses to perceive the reality without the soulmate, on your own. No matter how sad it is, but you have to get over your ex-husband. It is necessary so that to "recover" and move on after a divorce, to become successful and build a new happy life. The main thing you need so that to stop loving your husband is to limit communication with him. It sounds banal, and at the same time, it is extremely hard, but, anyway, this is how things work. The stubborn pursuit of a loved one is a mistake of many women after a divorce. They begin to write tearful messages, try to sort things out at a personal meeting, and so on. Do not resort such actions – they are humiliating and negatively affect your self-esteem.

Instead of fixating on communicating with your ex-partner, take a while for yourself to suffer. Cry, think about your future life, and you may even take pity on yourself – just do not have to get too carried away with such conduct. Usually, the period of "acute" crisis ends about one to two months after a divorce. This does not mean that after the expiration of the term you will completely forget your ex-husband as well as your feelings. Nevertheless, time will somewhat dull the pain and allow you to move on to further action for a complete "recovery".

Do Not Revenge

After the break with their husband, many women (especially if they still love him) have a desire to take revenge on the ex-partner. Acting this way, the ladies hope to deal with the love, to kill their passion for a man, but this does not work. Insulting your ex-husband and talking much trash about him to the relatives and friends, you, first of all, do not put your best foot forward.



You should try to let go of the thoughts about him and forget about the desire to offend him, if only for the sake of your reputation and self-esteem.

Do Not Look for a Substitute

The logic of some women suggests: to stop loving the husband you need to find a substitute for him urgently. Thus, the girls are trying to kill two birds with one stone – to forget the old relationship and get revenge on their ex-husband, starting to date with a new man. But in fact, everything happens entirely differently. As a rule, divorced women begin to compare the current partner with their husband, which is terrible for the relationship, and the new person does not deserve it. Besides, fleeting romance and affair only hurt even more, not allowing the state of mind to stabilize.

Do not give up on yourself and your personal life but do not rush yourself as well. You may need a lot of time to return to a full life and decide on a new relationship. But let the new relationship be not the goal, but the logical outcome of a situation where you really stop loving your husband and are ready to move on.

Do Not Take Anti-Depressants and Do Not Seek Solace in Alcohol

If you want to get rid of insomnia and improve the work of the nervous system – limit yourself to the use of sedatives with a mild effect, ones with plant origin.

As for alcohol, it can attract you with the possibility of slight relaxation and stress removal. But it will not heal your mind and soul, and the pain will only intensify upon awakening. Besides, it is easy to become addicted, and you probably know what it is fraught with.

Do Not Isolate Yourself From Society

Do not spend all your time alone. It is good, and even necessary, to cry for some time. But psychologists do not advise to get involved in this for too long. If you stop communicating with friends and family, then you will surely find yourself in a depressive state, from which it will be difficult to get out. Friends, relatives, and parents can become good assistants in overcoming all difficulties. Rely on those closest to you, cause talking about the vicissitudes of your divorce to random acquaintances or colleagues throughout the day, you will only once again annoyingly focus on your distress, without receiving adequate and helpful feedback.

The aim of communication is to get support, to ease your emotional well-being, rather than discussing your husband, again and again, idealizing him. And when the first, most irrational, stage of your post-divorce life passes, ask friends and relatives not to mention your ex-spouse.
Answer questions of colleagues and acquaintances in a monosyllabic way and give no reason to develop the topic.

SetYour Mind on Changes

Take away or throw away all the gifts of the ex-husband and things reminiscent of him. The same applies to photos – if you do not want to tear them, then at least hide the pictures in the farthest box. It is Ingenuous and trite advice, but it works. It makes no sense to remember him even more often with the help of such symbols. In the same way, a good idea is to rearrange the furniture or redesign your interior. Material things, even such silly stuff, really affect our minds.

These plain and simple changes will signal your brain that the new stage is starting right now.

Make Plans,Review Priorities

The best way to cope with a divorce when you still love your husband is to start a new life from scratch. After the wave of strong feelings and resentment subsides, think about yourself as a person and about your further plans. With a divorce, your life has not stopped. Start with accepting who you really are. For many people, divorce is a time of reconsidering the views on many things and phenomena, the search for the benefits of living out of wedlock, as well as the opportunity to get to know yourself and increase your self-esteem. Realize your actual needs and desires, start making plans and set goals, focus on positive effects.

Seek Professional Help

If you can not figure out how to move on after a divorce, resort the help of a professional psychologist. This will help you to deal with the accumulated emotions, regain faith and respect for yourself, as well as gradually get over your ex-husband. Besides, the therapist will help not only to survive difficult times but also to seriously deal with more global internal problems and complexes, as well as to analyze past mistakes. Do not consider the psychologist just as a shoulder to cry on.

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BEST FOODS TO BOOST YOUR IMMUNE SYSTEM

We all reside in a fast-moving ruthless world that doesn't slow down for anyone. To keep up with this, we struggle day in and day out just to make ends meet. We are all striving to go the furthest in this rat race known as life. We are constantly busy, doing one thing or another. We don't have a single moment to spare anymore. First, it used to be only with adults.

Nowadays, even kids do not have time for leisure. They as well have been immersed in a life of studies and hard work from an early age. In all of this haste, we don't stop and think about what is actually more important. Our well-being. We have started to neglect our health to the point of no return. It is a long tradition for our society to ignore mental health issues, however, we have transgressed to ignoring our physical health as well.

In recent days, regular life as we knew was brought to a halt by a pandemic. The Coronavirus has stopped our normal everyday life in a manner that we could have never guessed.

We are forced to lock ourselves in our homes and practice social distance in order to refrain from being infected.

The virus is unlike anything we have ever seen and so far there is not a fully working cure for it.

So, your best options are to stay at home and strengthen your immune system.

Your immune system helps fight off infections and toxins in your body and helps to keep you healthy. Therefore, it is important that you do whatever it takes to make your immune system as strong as possible. Having a strong immune system is your best option for fighting off the coronavirus.

However, it is important to inform that no supplement will help cure or prevent disease. Only social distancing and proper hygiene practices will stop you from contracting the virus. No research supports that supplements can prevent coronavirus.

Hence, in this article, we'll be talking about a few foods that can help you strengthen your immune system.

Blueberries

Blueberries are great for boosting your immune system. They are a superfood that helps reduce the risk of many chronic health conditions. Studies suggest that plant foods such as blueberries help decrease the risk of diabetes, obesity, heart disease, and overall mortality. Blueberries contain a variety of flavonoids known as anthocyanin. This flavonoid has antioxidant properties which are known to help strengthen an individual's immune system. A study conducted in 2016 suggested that flavonoids play a vital role in the respiratory tract's immune defense system.

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The study also found that people who ate flavonoid-rich foods had a lesser chance of developing an upper respiratory tract infection, or the common cold, compared to those who did not.

Turmeric

Turmeric is mostly used in cooking. It is also used to make alternative medicine. Ingesting turmeric may improve an individual's immune response. This due to the properties of curcumin, a compound found in turmeric. Turmeric can be consumed in the form of turmeric supplements, can be added to food, or simply take turmeric capsules.
There is not proper turmeric dosage so consume about 500 mg per day. One of the best immunity booster foods.

Citrus Fruits

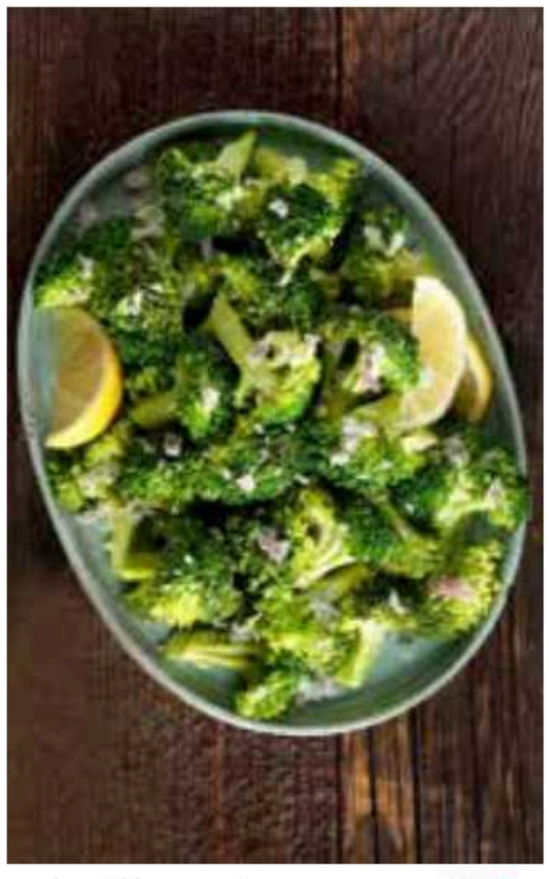
Vitamin C is great for the immune system. Vitamin C is known to increase the production of white blood cells which are vital for fighting off infections.
Most citrus fruits are rich in vitamin C. There is a huge variety to choose from, therefore, here are some of the most popular citrus fruits:

- Grapefruit
- Oranges
- Clementines
- Tangerines
- Lemons
- Limes

Our bodies are incapable of producing vitamin C on its own, hence, you need to ingest vitamin C daily for continued health. Experts recommend that adult women should take about 75 mg and men should take around 90 mg per day.

Broccoli

Broccoli is jam-packed with minerals and vitamins that help build up your immune system. It is supercharged with vitamin A, C, and E.
It also has a large amount of fiber and other antioxidants that help you maintain your weight and overall well-being. Broccoli is famously one of the healthiest vegetables that you can eat.

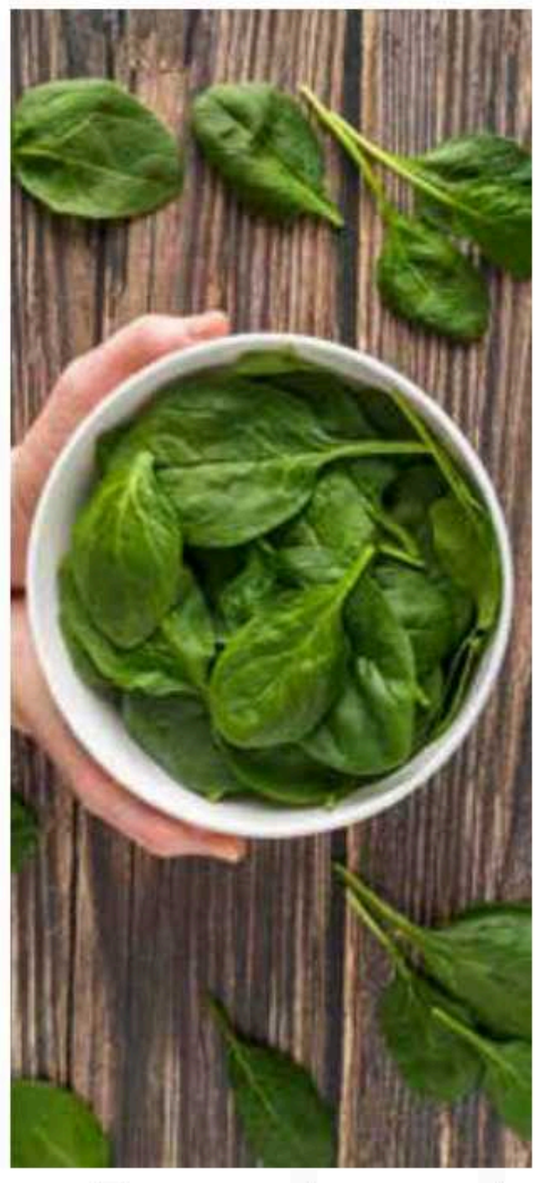


The key to not losing all of its properties is to cook as little as possible or don't.
Studies point towards steaming as the best way to cook broccoli without losing all its health benefits.

Spinach

Spinach is essential for being healthy, regardless of its immune system strengthening properties. It contains copious amounts of vitamin C and antioxidants. It also contains beta carotene, which can further help improve the infection combating ability of our immune system.

Like broccoli, it is recommended that you cook spinach as little as possible. The heat can actually kill its nutrients. However, cooking it lightly can make it easier to absorb vitamin A and releases other nutrients from oxalic acid.



MAGAZINE KING

Chicken Fajitas

Need a simple, vibrant midweek meal the family will love?
Put together these easy chicken fajitas and you can create their own masterpieces at the table.

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Ingredients

- 2 Chicken Breasts, Finely Sliced
- 1 Red Onion, Finely Sliced
- 1 Red pepper, sliced
- 1 Red Chilli, Finely Sliced (optional)

For the Marinade

- Smoked Paprika
- 1Tbsp Ground Coriander
- Ground Cumin
- 2 Garlic Cloves, Crushed
- 4Tbsp Olive Oil
- 1 Lime, Juiced
- Tabasco

To Serve

- 8 Tortillas
- Mixed Salad
- 230g Fresh Salsa

Method

STEP 1

Heat oven to 200C/180C fan/gas 6 and wrap 8 medium tortillas in foil.

STEP 2

Mix 1 heaped tbsp smoked paprika, 1 tbsp ground coriander, a pinch of ground cumin, 2 crushed garlic cloves, 4 tbsp olive oil, the juice of 1 lime and 4-5 drops Tabasco together in a bowl with a big pinch each of salt and pepper.

STEP 3

Stir 2 finely sliced chicken breasts, 1 finely sliced red onion, 1 sliced red pepper and 1 finely sliced red chilli, if using, into the marinade.

STEP 4

Heat a griddle pan until smoking hot and add the chicken and marinade to the pan.

STEP 5

Keep everything moving over a high heat for about 5 mins using tongs until you get a nice charred effect. If your griddle pan is small you may need to do this in two batches.

STEP 6

To check the chicken is cooked, find the thickest part and tear in half – if any part is still raw cook until done.

STEP 7

Put the tortillas in the oven to heat up and serve with the cooked chicken, a bag of mixed salad and one 230g tub of fresh salsa.

ESSENTIAL THINGS YOU SHOULD NOT FORGET WHILE TRAVELLING OVERSEAS

It seems to be a talent for an inexperienced traveler to take all needed yet remain minimalistic. The list should be well thought-out, and you will get this talent too.

Dedicate enough time to pack things when challenging to travel. Forgetting one of the essentials may spoil your mood or even the entire journey. The luggage may include different things depending on the destination and the voyage purpose. However, there are always must-haves for international travel that you should never forget.

Even though you may be an experienced traveler, bookmark this article to keep a note of the most vital things during the journey. Expecting bright emotions, never forget that you will have to scan docs and deal with various papers, public ads, etc. And one of the most crucial issues is having an iPhone app to scan PDFs on your device. The scanner app will come in handy for docs scanning, which is vital when you run your business on the go. Read the article to collect all the necessities set.

10 ESSENTIALS FOR A TRAVELER

Those who love to keep their luggage compact still have to assume that a toothbrush is not enough for a comfortable trip overseas. Here is the list of 10 things not to forget when traveling to pick up:

1. DOCS:

Draw your route, starting from leaving your house to returning. Passports with visas, boarding tickets, insurance, vaccinations, and hotel booking confirmations must be in your pocket.

Check the updated visa requirements beforehand to avoid unpleasant surprises at the checking points. Use your mobile scanner to have the copies in your mobile device in case of theft.

2. MONEY:

Having cash and credit cards in your wallet is a wise decision. Pick up at least two cards just in case you experience any problems with payment (depending on the destination country, it may happen).
Also, storing money in cash and electronic wallet will protect you in case of theft. Use a secure docs scanner if you constantly forget PIN codes.

3. EMERGENCY NUMBERS:

The emergency contact list is a must-have information. Use a pdf-scanner app to make and store the data in order and never lose it.

4. GADGETS AND PORTABLE CHARGERS:

Forgetting your phone can turn into a disaster. A new device that you may buy on the go will not save you due to plenty of needed contacts stored in it. To stay tuned, pick up the power bank. Most civilized countries allow the charging of phones in the most crowded places. But we want nothing to be stuck with your dead battery and steal your precious time, don't we?

5. PLUG ADAPTER:

This gismo becomes vital when you appear in countries with different electricity standards. Taking care of it in advance will exclude hectic runs in the shops of the destination country.

6. FIRST AID KIT:

Even if you feel super healthy, do not neglect the opportunity to take the most necessary drugs and remedies, e.g., standard painkillers, bruise cream, anti-vertigo, and anti-poisoning medicine. Any trip is a heavy stress for an organism.

Providing timely support is always a good thing. If you take new medicines, use the pdf-scanner app and store the leaflets on your mobile to save space in your luggage.

7. PHRASEBOOK:

If you plan to visit a country without a single clue on how to say something in the local language, picking up a conversation book is crucial. Thanks to the mobile scanner, you can save your book on your device, giving more space to other necessary things.

8. WATER:

it seems a simple thing, yet most travelers forget it in a hurry. Staying hydrated is vital, especially during extensive movements. You will have no time to stand in lines in the travel shops. Then take care of the water in advance.

9. SUNGLASSES OR A SPARE PAIR OF MEDICAL GLASSES:

Looking at the views (whether winter or summer) are much more comfortable with sunglasses. And if you wear contact lenses or medical glasses, these are essentials. Take a spare pair for traveling overseas if you break or lose the one you use daily.

You won't have time to go to medical establishments and order new one. Only waste the journey.

10. NOT HEAVY WARM CLOTH:

Unpredictable delays may happen. Treat yourself to comfort in a cold airport or on the board by picking up a lightweight blanket or sweater.

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